

Explore. Discover. Learn.



# Passage Through the Panama Canal and Costa Rica

aboard the exclusively chartered, small ship

## **Five-Star LE BELLOT**

Featuring Study Leaders  
**Lisa Baldez, Professor of Government**  
and **John Carey, John Wentworth Professor**  
in the **Social Sciences**  
February 3 to 11, 2023

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## 9 DAY ITINERARY

### Highlights include:

- ◆ Guided tour through rainforests, including the Curú National Wildlife Refuge and Manuel Antonio National Park.
- ◆ Tour of Panama City, including visits to UNESCO-designated Casco Viejo and the Frank Gehry-designed Biodiversity Museum.
- ◆ Once-in-a-lifetime daytime passage through the Panama Canal.

- 1 Depart Home City/Arrive San José, Costa Rica
- 2 San José/Puntarenas/ Embark LE BELLOT
- 3 Curú National Wildlife Refuge/Tortuga Island
- 4 Quepos for Manuel Antonio National Park
- 5 Rio Seco Rainforest
- 6 Cébaco Island, Panama
- 7 Panama City
- 8 Panama Canal Transit/ Colón
- 9 Colón/Agua Clara Visitor Center (time permitting)/ Panama City/Return to Home City



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Gatun Lake, Panama Canal

Explore. Discover. Learn.



Dear Alumni, Parents and Friends:

We invite you to witness one of the greatest feats of the modern age—the Panama Canal, a stunning example of engineering prowess. Unmatched in drama, this nearly 50-mile passage through the narrow Isthmus of Panama continues to astonish even the most veteran traveler. During a specially arranged and narrated daylight transit, experience the mighty locks that raise and lower ocean going vessels 85 feet, employing the force of gravity to achieve in mere hours what once involved a three-week circumnavigation of South America.

This cruise experience showcases Earth's most pristine ecosystems in the rainforests and islands of Costa Rica and Panama at the best time of year. Visit the stunning and biodiverse Manuel Antonio National Park, where expert naturalists will lead a trail walk through an ecosystem of rare species, including the scarlet macaw and fiery-billed aracari. Tour acclaimed architect Frank Gehry's only design in Latin America—the Biodiversity Museum—and explore the heart of Panama City's UNESCO World Heritage-designated old town of Casco Antiguo.

Join travelers from Skidmore College, Mills College, and Western Michigan University on this cruise aboard the exclusively chartered, five-star LE BELLOT, a sophisticated small ship offering only 92 suites and staterooms, each with a private balcony. Dock in small ports of call inaccessible to larger vessels and enjoy enriching excursions led by experienced onboard naturalists. Reserve now while space and early booking savings are available.

Warm regards from Hanover,

Robin K. Albing, Tu'81  
Director, Lifelong Learning and  
Advancement Special Projects

Alicia V. Wright  
Assistant Director, Lifelong Learning

**Study Leaders**



**Lisa Baldez** is Professor of Government at Dartmouth College and author of *Why Women Protest: Women's*

*Movements in Chile and Defying Convention: US Resistance to the UN Treaty on Women's Rights*. The latter won the 2015 Victoria Schuck Award for best book on women and politics and 2015 best book on human rights from the American Political Science Association. Dr. Baldez received the 2019 Midwest Women's Caucus for Political Science Outstanding Professional Achievement Award.



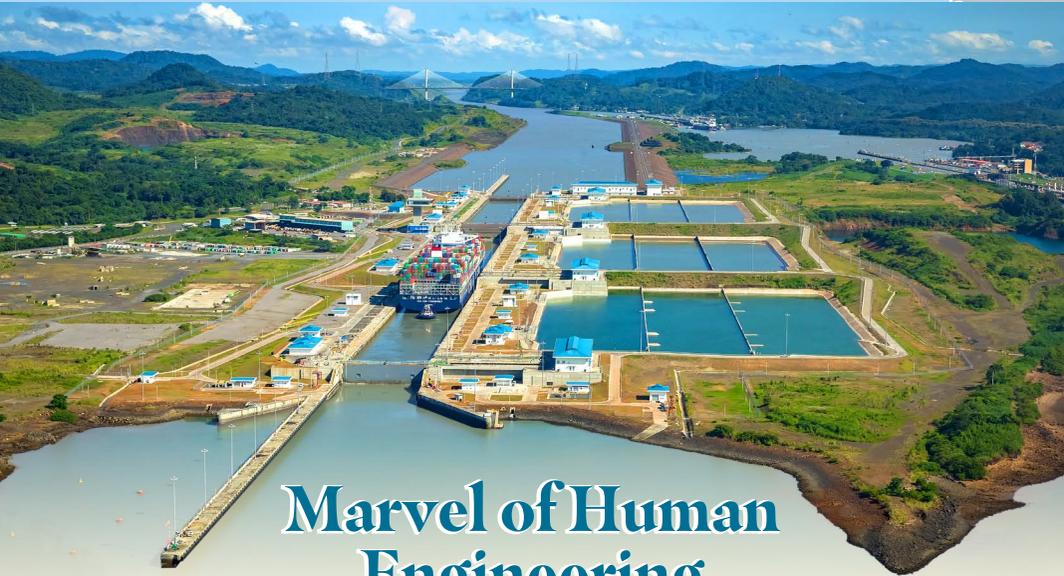
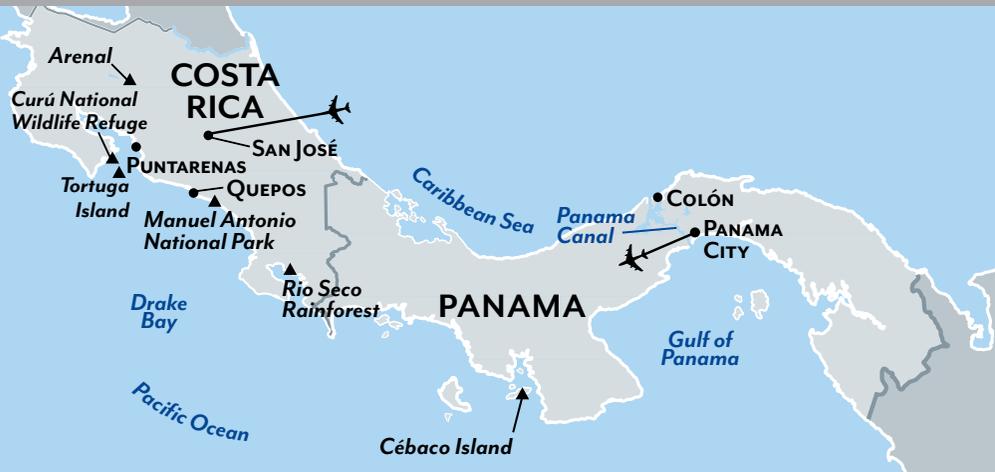
**John Carey** is the John Wentworth Professor in the Social Sciences and Associate Dean of Faculty for the Social Sciences. He is a co-founder of

BrightLineWatch.org, an initiative to monitor the quality of U.S. democracy, and has consulted on electoral system reform in countries like Nepal, Afghanistan, Tunisia, Chile, El Salvador, and more. He teaches classes on comparative politics, Latin America, democratic erosion, and foreign aid and has authored or co-authored six books and around 100 academic articles. In 2012, he was elected to the American Academy of Arts and Sciences.

Drs. Baldez and Carey have two children, Joe and Sam, both Dartmouth grads.

*The safety and well-being of our travelers remains our highest priority. Cruise lines and some other providers of services (as well as, potentially, some countries) require all passengers traveling on our programs to present confirmation of a full COVID-19 vaccination, and, as well, passengers may have to produce evidence of a recent negative COVID test. All our staff are committed to adhering to all health and safety protocols from the start of your trip to the end as directed by the United States Centers for Disease Control and Prevention, overseas health officials as well as those protocols mandated by your cruise company (if applicable) and other suppliers of services. Detailed protocol information tailored to your travel program will be mailed to you along with additional pre-departure information.*

# PROGRAM HIGHLIGHTS



## Marvel of Human Engineering

Completed in 1914, the Panama Canal is considered one of the Seven Wonders of the Modern World by the American Society of Civil Engineers. France's failed attempt to build a canal in the 19<sup>th</sup> century and implicit U.S. backing of Panama's independence in 1903 created diplomatic conditions favorable to the U.S.-led effort. In 1904, the Hay-Bunau-Varilla Treaty granted exclusive canal rights to the U.S. across the Isthmus of Panama in exchange for \$10 million and an annuity of \$250,000.

Under the watchful eye of U.S. President Theodore Roosevelt, the canal's realization hinged on the successful conversion of the original French sea-level plan to a lock-controlled canal system and crucial health care advances to prevent malaria and yellow fever outbreaks. This historic engineering feat opened new channels of international trade and allowed ships to travel between the Atlantic and Pacific Oceans in a fraction of the time required to circumnavigate South America. Following a \$5.25 billion expansion in 2016, the canal now accommodates more than twice the cargo.





Capuchin monkeys



Red-eyed tree frogs

## DAY BY DAY ITINERARY

### Home City/San José

#### Day 1

Depart home city for San José. Upon arrival, check into the COSTA RICA MARRIOTT HOTEL HACIENDA BELÉN. Enjoy the evening at leisure.

### San José/Puntarenas

#### Day 2

In the heart of the fertile Valle Central, Costa Rica's dynamic capital city of San José possesses an eclectic mix of museums, landscaped parks, lively cafés, art galleries, and an interesting fusion of architectural styles, including Spanish Colonial, Moorish, and Modernist. On the city tour, visit the National Theater, a regal Baroque edifice modeled on Milan's La Scala, and the National Museum.

forest management, and wildlife protection—reestablishing species like the scarlet macaw and spider monkey. Encompassing five distinctive habitats, it is the ideal place to see the intricacies of interdependent ecosystems. Enjoy a guided walk in the morning, the best time of day to observe an abundance of wildlife.

Nestled in a private reserve near the stunning Nicoya Peninsula, idyllic Tortuga Island is named for its tortoise-like volcanic rock formations. Against a backdrop of white sand beaches, enjoy opportunities to swim and snorkel in this protected island's clear waters—home to fascinating marine life such as angelfish, spotted eagle rays, and seahorses.

a captivating combination of rainforest, beach, and coral reef, home to more than 100 species of mammals, almost 200 species of birds and various reptiles and amphibians.

Explore this protected biodiverse paradise where expert naturalists will help you spot colorful toucans, screeching howler monkeys, camouflaged iguanas, arboreal squirrel monkeys, two and three toed sloths, and rambunctious capuchin monkeys.

### Rio Seco Rainforest

#### Day 5

Part of the Piedras Blancas National Park, this perfect off-the-beaten-path destination is 400 acres of private property. The park is home to toucans, tapirs, pumas, jaguars and four species of monkeys. In Rio Seco Rainforest you can enjoy a picture-perfect secluded beach along the waters of the gorgeous Golfo Dulce. There is a tropical fruit orchard and colorful garden for you to discover. Explore a network of hiking trails, where naturalist tour guides will search for wildlife and share the secrets of this incredible ecosystem.

### Cébaco Island, Panama

#### Day 6

In the Gulf of Montijo, snorkel in the emerald waters of seldom-visited Cébaco Island, where schools of brilliantly colored fish, giant manta rays and four different species of turtles swim amid spectacular rock reefs.



Museum of Biodiversity, Panama City

After lunch, enjoy a scenic transfer to Puntarenas to embark LE BELLOT.

### Curú National Wildlife Refuge/Tortuga Island

#### Day 3

Curú National Wildlife Refuge is a unique blend of sustainable agriculture,

Attend the Captain's Welcome Reception on board this evening.

### Quepos for Manuel Antonio National Park

#### Day 4

Experience an unparalleled diversity of wildlife in this lush tropical haven—



Snorkel in the vibrant coral reef of the Gulf of Montijo off Cébaco Island



Three-toed sloth

## Panama City Day 7

Tour the Miraflores Locks Visitor Center and learn about the canal's lock system. The Biodiversity Museum, designed by architect Frank Gehry, showcases the ecological significance of Panama's exotic flora and fauna species. Visit the UNESCO World Heritage designated historic district of Casco Antiguo, a charming neighborhood replete

with cobblestone streets and architecturally significant historical edifices, including a 16<sup>th</sup> century cathedral.

## Panama Canal/Colón Day 8

Cruise from the Pacific Ocean to the Caribbean Sea through the mighty locks of the fascinating Panama Canal. Transit times through the canal are controlled by the Panama Canal Authority. Attend the Captain's Farewell Reception this evening.

## Colón/Panama City/ Home City Day 9

Disembark in Colón and—if time permitting—visit the Panama Canal Expansion Agua Clara Visitor Center to enjoy panoramic views of the canal's 166-square-mile Gatún Lake and new longer, wider locks.

Transfer to Panama City for your return flight home.



Manuel Antonio National Park

## ALWAYS INCLUDED WITH GOHAGAN & COMPANY

- ◆ Transfers and luggage handling abroad if your arrival(s)/ departure(s) coincide with the scheduled group transfer(s).
- ◆ Experienced, English-speaking local guides for included excursions.
- ◆ Gratuities to local guides and drivers on included excursions and transfers.
- ◆ Complimentary bottled water in your suite or stateroom and on excursions.
- ◆ Hospitality desk aboard the ship.
- ◆ Experienced Gohagan & Company Travel Directors at your service.
- ◆ Automatic \$250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.

### BOOK WITH CONFIDENCE!

No cancellation fees for new bookings until 95 days prior to trip departure.





# LE BELLOT

## Luxury Small Ship, Innovative Design

LE BELLOT, represents a new generation of five-star small ships, combining revolutionary design and a new standard of luxury for unparalleled cruising. Dock in smaller ports inaccessible to larger ships, where authentic cultural experiences and majestic scenery await you. Complimentary alcoholic/nonalcoholic beverages and internet access are available throughout the cruise. All meals aboard ship are included.

## Elegant Suites and Staterooms, 100% with Private Balconies

Each of the 92 five-star staterooms and suites (up to 484 square feet) features a private balcony. Grand Deluxe Suites have a floor-to-ceiling panoramic window and spacious private terrace. Accommodations offer two twin beds or one queen bed, individual climate control, a private bathroom with shower, and luxury hotel-style amenities.



Category	LAND/CRUISE RATES <small>excluding taxes</small> <small>Per person, based on double occupancy</small>	Early Booking Savings through Jan. 3, 2023	Price after Jan. 3, 2023
8	Deluxe stateroom, picture window with door onto private partial wall balcony and bathroom with shower. Deck 3	\$4,995	\$5,745
7	Prestige stateroom with <b>private balcony</b> and bathroom with shower. Deck 4.	\$5,695	\$6,550
6	Prestige stateroom with <b>private balcony</b> and bathroom with shower. Deck 5.	\$6,395	\$7,355
5	Prestige stateroom with <b>private balcony</b> and bathroom with shower. Deck 6.	\$6,995	\$8,045
4	Deluxe suite, <b>private balcony</b> , bathroom with shower and sitting area with sofa. Deck 3.	\$7,995	\$9,195
3	Deluxe suite, <b>private balcony</b> , bathroom with shower and sitting area with sofa. Deck 4.	\$8,795	\$10,115
2	Deluxe suite, <b>private balcony</b> , bathroom with shower and sitting area with sofa. Deck 5.	\$9,595	\$11,035
1	Deluxe suite, <b>private balcony</b> , bathroom with shower and sitting area with sofa. Deck 6.	\$10,295	\$11,840
<b>Prestige Suite 2</b>	Two room suite with <b>large private balcony</b> , two full bathrooms, large sitting area with sofa, two closets and writing desk. Deck 5.	\$10,995	\$12,645
<b>Prestige Suite 1</b>	Two room suite with <b>large private balcony</b> , two full bathrooms, large sitting area with sofa, two closets and writing desk. Deck 6.	\$11,295	\$12,990
<b>Privilege Suite</b>	Suite with <b>larger private balcony</b> , bathroom with shower and sitting area with sofa. Decks 5 and 6.	\$11,695	\$13,450
<b>Grand Deluxe Suite</b>	Extra-large, one-bedroom suite and sitting area with sofa, floor-to-ceiling panoramic window, <b>spacious private</b> , bathroom with separate tub and shower plus half bath. Deck 6.	\$12,595	\$14,485
<b>Owner's Suite</b>	Extra-large, one-bedroom Suite and sitting area with sofa, <b>spacious private terrace with outdoor Jacuzzi</b> , bathroom with separate tub and shower plus half bath. Deck 5.	\$12,995	\$14,995

Single supplements apply across all categories at 160% of the per person double price.

Port taxes are an additional \$450 per person. Additional fuel surcharge fees may apply. Customers will be notified of any fuel surcharge fee prior to final payment. This fee will then be charged and collected by the vessel operating company while onboard.

LE BELLOT has been specially contracted for this program and the deck plan is available online or at request from Gohagan & Company.



## PRE-PROGRAM OPTION

### San José

January 31 to February 4, 2023

Explore Costa Rica's diverse biospheres, from steamy hot springs to misty cloud forests. In view of towering Arenal Volcano, walk in the lush rainforest along a series of suspended and fixed bridges. Visit an organic chocolate workshop, an award-winning coffee estate and a traditional artisan town known for intricately hand-painted woodcrafts. Accommodations are for two nights in the deluxe COSTA RICA MARRIOTT HOTEL HACIENDA BELÉN and two nights in the ideally located HOTEL ARENAL KIORO.

*Price per person, based on double occupancy: \$1,295*

*Price per person, based on single occupancy: \$1,845*



## POST-PROGRAM OPTION

### Panama

February 11 to 13, 2023

Continue your journey by exploring Panama City's rich indigenous culture, compelling colonial history, and contemporary élan. Visit the UNESCO World Heritage-designated Panama La Vieja—founded in 1519 and later destroyed by privateer Henry Morgan—to see the ruins of the oldest European settlement on the Pacific-American coast. Visit the fascinating Agua Clara Visitor Center for panoramic views of the Panama Canal expansion and cruise the Gatún River to meet indigenous Emberá people. Spend two nights in the ideally located, deluxe BRISTOL PANAMA HOTEL.

*Price per person, based on double occupancy: \$695*

*Price per person, based on single occupancy: \$945*

*Further details will be provided with your reservation confirmation.*

# RESERVATION FORM



## Alumni Travel

Send to: Gohagan & Company

209 South LaSalle Street, Suite 500

Chicago, Illinois 60604-1446

(800) 922-3088

096-02/03/23-026

### Please make my/our reservation(s):

Category: **1<sup>st</sup> Choice** \_\_\_\_\_ **2<sup>nd</sup> Choice** \_\_\_\_\_

- Double (two twin beds).
- Double (one queen bed).
- Single accommodations.
- Single but prefer to share and will allow you to select my roommate (shares cannot be guaranteed).

### San José Pre-Program Option January 31 to February 4, 2023

- Double \$1,295 per person.
- Single \$1,845 per person.
- I am reserving as a single but prefer to share accommodations.

### Panama Post-Program Option February 11 to 13, 2023

- Double \$695 per person.
- Single \$945 per person.
- I am reserving as a single but prefer to share accommodations.

- I/We want you to book my/our air from:

\_\_\_\_\_

(fill in departure city)

- I/We will make my/our own air arrangements.

\_\_\_\_\_  
Title Full Name Class Year/Affiliation

\_\_\_\_\_  
Title Full Name Class Year/Affiliation

Street Mailing Address (no P.O. Box number please)

\_\_\_\_\_  
City State ZIP Code

\_\_\_\_\_  
Home Telephone Cell Phone

\_\_\_\_\_  
Email Address Business Telephone

Program reservations require a deposit of \$800 per person.

- Enclosed is my/our check(s) for \$\_\_\_\_\_.  
Make check(s) payable to **2023 The Panama Canal and Costa Rica**
- I/We authorize you to charge a deposit of \$\_\_\_\_\_ to:  
 American Express  Discover  MasterCard  Visa
- I/We request that you contact me/us via telephone or email for payment by ACH.

\_\_\_\_\_  
Card Number Exp. Date

\_\_\_\_\_  
Signature as it appears on credit card

**Please note: Terms & Conditions are available at  
[gohagantravel.com/terms/](http://gohagantravel.com/terms/)**

\_\_\_\_\_  
First participant's signature Date

\_\_\_\_\_  
Second participant's signature Date

**FINAL PAYMENT due October 31, 2022; make by check, ACH, or credit card. Reservations made after October 31, 2022, require payment in full at time of booking. No cancellation fees until 95 days prior to February 3, 2023!**

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# Alumni Travel

20 North Main Street  
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Keel-billed toucans



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