

# Class of 2028 Family Weekend

Undergraduate Deans Office



# Meet the First-Year Deans

- Marvin Burns: South House, Allen House
- Tawana Cabezas: School House, North Park House
- Ted Stratton: West House, East Wheelock House
- Natalie Hoyt: Director and Allen House (Gile Hall only)

*Deans act as advisors, consultants, guideposts as students navigate this journey. Dartmouth's human google!*



# Our Advising Philosophy and Approach

## Holistic Advising Model, Utilizing Student Development Theory

- Provide individually tailored advising
- Normalize and promote the use of resources and interdependence
- Communicate high expectations for academic achievement
- Frame conversations within the context of discovering and utilizing strengths, interests, and passions
- Facilitate connections with faculty and mentors
- Help students identify and acknowledge roadblocks towards graduation and provide guidance in resolving challenges



# Our Advising Philosophy and Approach

- Advising Topics include:
  - Course planning
  - D-planning
  - Major and minor discussions and decisions
  - Monitor academic performance
  - Student crisis management
  - Clarify policies and procedures
  - Personal advising
  - Conduct advising
  - Connect students to campus resources
- Class year specific programming
- Participation in campus-wide committees
- Orientation and Commencement
- FERPA



# What is a liberal arts education?

An approach to learning that:

- empowers individuals
- prepares them to deal with complexity, diversity, and change
- provides students with broad knowledge of the wider world (e.g., science, culture, and society) and fosters global citizenship
- requires in-depth study in a specific area of interest (major)



# What is a liberal arts education?

Helps students develop:

- a sense of social responsibility
- strong and transferable intellectual and practical skills:
  - communication skills
  - analytical and problem-solving skills
  - an ability to apply knowledge and skills in real-world settings



- American Association of Colleges & Universities

# The Curriculum Here and Now

- Distributive Requirements
- World Culture Requirements
- Language Requirement
- First-Year Writing Courses
- Completion of a major w/culminating experience
- 35 credits
- 3 PE/Wellness credits



# This Year – The Journey

## Fall Term:

- Transition to college and college level learning
- Managing social and co-curricular opportunities (including rejection or overcommitment)
- Learning to manage their time, and general day to day business
- Continued exploration of all that the college has to offer
- Balancing wellness and health on their own





## Fall Term

- Be patient and generous with yourself as you transition to Dartmouth. The transition can last all year long, and even longer for some individuals.
- Strive for balance and intentionality in co-curricular exploration. You can't do everything, so make sure to recognize the old things that make you feel good and the new things that make you happy.
- During this term, you are expected to continue exploring courses and departments, to inform future course election.
- Embrace challenges and see them as opportunities for growth—they require you to tap deeper into your motivations, learn to manage your time better, develop new study skills and behaviors, and to persevere through challenges.
- Pay attention to your health and well-being. Access wellness resources and establish healthy sleep habits.
- Get to know your faculty and communicate with them regularly. This will help you identify recommenders for future opportunities.

## Winter Break

- Make sure you actually take a BREAK.
- Reflect on the full experience of your first term.
- Use your grades to help you examine your goals.
- Discuss your first-term experience with family and supporters.
- Begin to explore D-Plan options, based on emails from your Undergraduate Dean.
- Now that you know how quickly terms move at Dartmouth—and have discovered more about yourself as a learner—think about course adjustments to balance your workload.

## Winter Term

- This is an opportunity to focus on improving your performance based on Fall term grades and to tap into additional academic resources.
- Explore study abroad opportunities and apply by the deadline.
- Once you're notified about off-campus program decisions, adjust spring term course election if necessary.
- Stay healthy.
- Winter term can be tough; your ongoing transition to Dartmouth, adjusting to the intensity of the term schedule, and environmental factors might prove challenging. Seek support from the Student Wellness Center and other campus resources.
- Use your advising network as you consider D-Plan possibilities.

## March Break

- Take a real BREAK. This pause between terms goes very quickly and it's important to give yourself some space to gather energy for Spring term.
- Reflect on both terms and use your grades to help you examine your goals.
- Share your experiences with family and supporters.
- Clarify your D-Plan thinking. Get ready to submit D-Plan choices in early Spring term.
- Begin thinking about Leave Term funding options and opportunities and discuss those with your advising network. Explore opportunities and begin applications.

## Spring Term

- Submit your D-Plan choices in early April.
- Begin to explore ideas about possible majors and minors with your Faculty Advisor, Undergraduate Dean, and upper-level student mentors.
- Assess faculty connections for mentorship opportunities. Take a faculty member to lunch if you haven't already utilized that program.
- You will elect Fall term courses during this term which will provide opportunities to start thinking about sequencing for possible majors or minors.
- What have you discovered about your extracurricular passions and joys? What will next year hold?
- Explore your summer options but know that EVERYONE does something different—as with all things, there is no ONE Dartmouth summer experience! Please note: there is no expectation that your summer experience should be pre-professional.

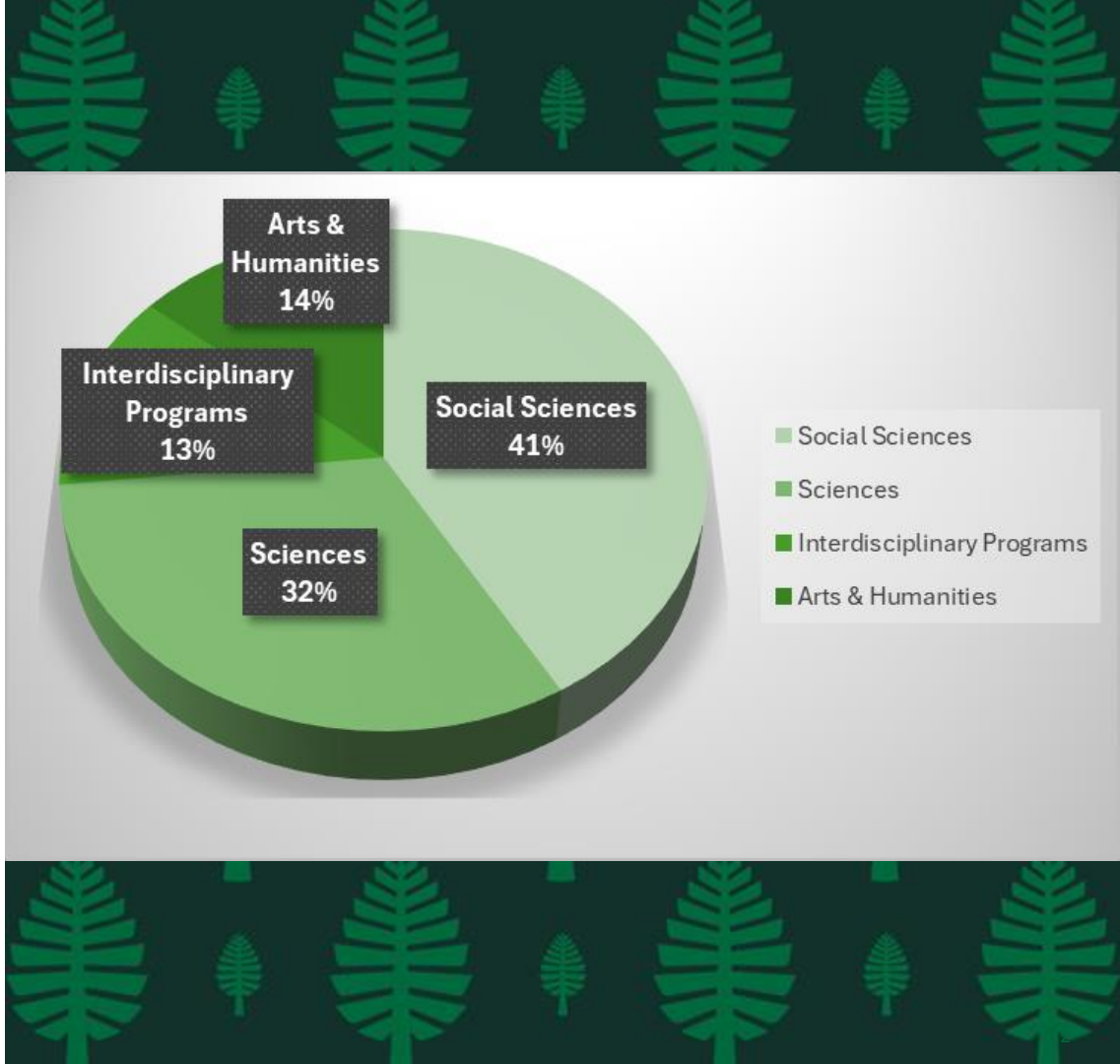
## Summer Term

- “Map” your major(s)! Look ahead at major requirements in order to be ready for course election and the major planning process that will begin in Winter term of sophomore year.
- If you have multiple major interests, identify course options for Fall term that will help you distill your choices into concrete plans.
- Reflect on your first year at Dartmouth. Celebrate your successes and explore opportunities for growth. Identify potential changes in habits or practices that will allow you to better reach your personal and academic goals and solidify the approaches that made you successful.
- Take advantage of the time away from Dartmouth. Throw yourself into a summer job or pastime, whether scooping ice cream, lifeguarding, or interning at a local nonprofit. Regardless of where and what—recognize your accomplishments.



# Majors – 10 most declared by the class of 2024

1. Economics
2. Government
3. Computer Science
4. Engineering Science
5. Biology
6. Psychology
7. Mathematics
8. History
9. Environmental Science
10. Quantitative Social Science



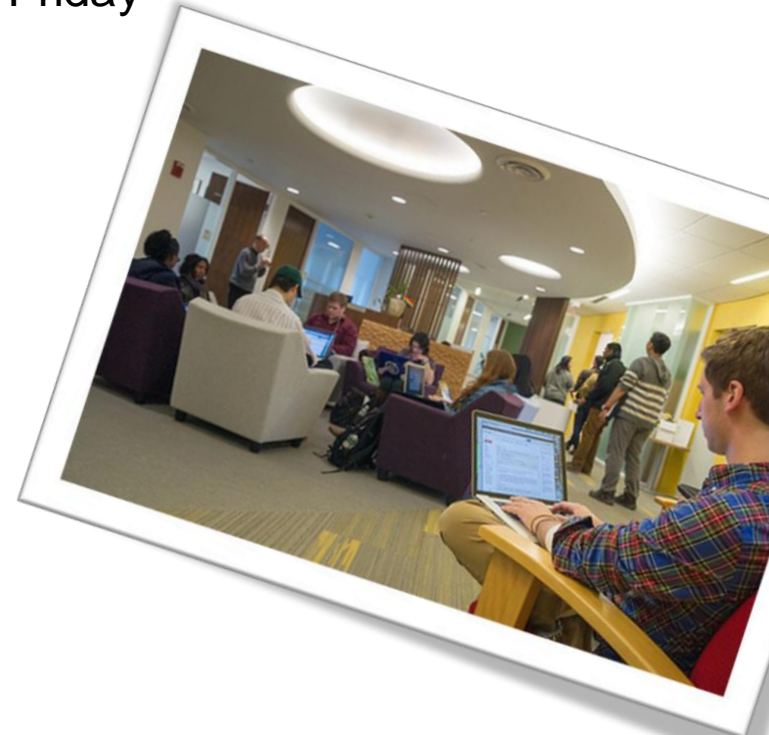
# Wisdom from The Deans...

- Some advice about being in the *family and supporter role* of a college student!



# How do we interact with your student?

- By appointment, 8:00 AM – 4:30 PM, Monday - Friday
- Drop-in advising:
  - Monday - Friday: 1pm-4pm
- Weekly Advising emails
- Online group advising chats
- Programming around key academic decisions



# Thank you!

## Time for Questions!

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