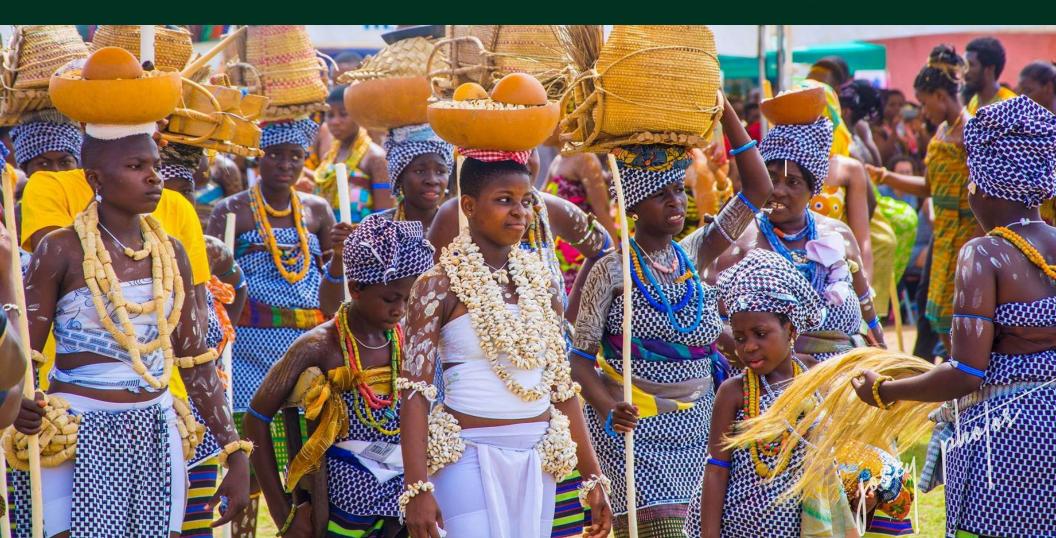


Ghana: History, Heritage & Culture

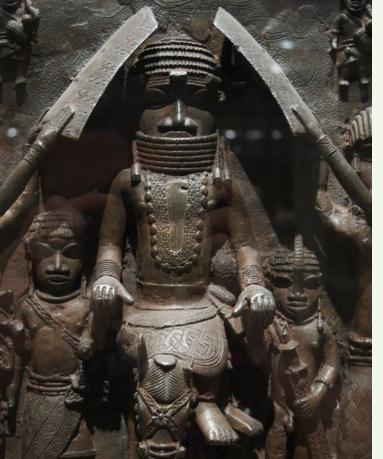
Accra • Cape Coast • Kumasi • Akosombo

AUGUST 16-24, 2025

Host: Dr. Shontay Delalue, PhD, MPH, Senior Vice President and Senior Diversity Officer







Dear Dartmouth Alumni, Family, and Friends,

Akwaaba (welcome)! Join us on an unforgettable trip to Ghana. Formerly known as the Gold Coast, experience ancient traditions amid 21 st century modernity. Ghana's deep history of pan-Africanism, powerful kingdoms, the trans-Saharan trade route that spanned all the way to the Mediterranean coast, and the dark era of the West African slave trade makes it an important, educational destination.

As one of the first African countries to gain independence from the British in 1957, Ghana was visited by civil rights icons W.E.B. Dubois and Martin Luther King. Today, Ghana's political stability attracts western investments as well as those looking to re-connect with their roots or immerse themselves in its flourishing art, fashion, and music scene.

Your journey begins in the capital of **Accra**. This thriving city of five million inhabitants is the heartbeat of the country. Visit national monuments and local markets to get a glimpse of the daily hustle and bustle of a typical African city. See the infamous slave castles in **Cape Coast**, where the Door of No Return reminds of a terrible time when history was changed forever.

For those seeking more adventure extend your trip and visit Mole National Park: Ghana's flagship wildlife reserve where you can relax amid nature at a luxury lodge. Space is limited! We encourage you to reserve today online by clicking <u>here</u> or returning the enclosed reservation form.

Warm regards,

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Robin Albing, Tu '81 Director of Alumni Lifelong Learning and Advancement Special Projects

alumni.dartmouth.edu/travel-dartmouth

Caul My

Candice Day Assistant Director of Lifelong Learning



Host: Shontay Delalue, PhD, MPH, Senior Vice President and Senior Diversity Officer Shontay Delalue, PhD, MPH currently serves the Senior Vice President and Senior Diversity Officer at Dartmouth. She is the senior strategist and thought partner working with institutional leadership on Dartmouth's diversity, equity, inclusion, and global efforts. She was recently tasked with overseeing the processes and supports for welcoming international students and protocols for supporting faculty, staff and students who travel abroad.

Dr. Delalue teaches in the Geisel School of Medicine's Master of Public Health program and her research focuses on the intersections of DEI and global engagement as well as health disparities and wealth inequality. She has worked in admissions, advising, counseling as well as international and multicultural affairs in Maine, Alaska, and Rhode Island.

She holds a bachelor's degree in communication and a Master of Education, both from the University of Maine. She earned a Ph.D. in Education through a joint program of the University of Rhode Island and Rhode Island College. To complement her current work, she earned a Master of Public Health from Dartmouth College to address health disparities that impact underrepresented groups. Originally from New Jersey, she is a proud first-generation college graduate and an avid traveler having been to 47 U.S. states and over 30 countries on six continents always exploring what makes us unique and similar.







Program Itinerary

AUG 16, 2025: Depart U.S.

Depart the U.S. for your overnight flight to Accra.

*This is a recommended departure date. Should you wish to arrive early, please contact Immersion Journeys. The cost for the early arrival hotel is \$335 per room per night (double or single) inclusive of breakfast and taxes.

AUG 17: Arrive in Accra

Arrive in Accra, the commercial and legislative capital of Ghana. You will be met at the airport and transferred to your hotel. Evening orientation followed by a welcome dinner. *Overnight: <u>Movenpick Hotel.</u> Meals Included: Welcome Dinner*

AUG 18: Accra City Tour — Visit a Traditional African Market

Travel through the administrative and economic districts of Accra. Highlights include the W.E.B. Du Bois Center for Pan African Culture, Kwame Nkrumah Memorial Park and Independence/Black Star Square. Learn about important events in Ghana's history and how it became Africa's first independent country from British rule.

Time permitting, stop at the Arts Center to shop for goods from Ghana and West Africa in an open-air market setting.

Overnight: Movenpick Hotel. Meals Included: Breakfast, Lunch, Dinner

AUG 19: Cape Coast and Kakum Rain Forest

Depart to Cape Coast and Kakum National Park— one of West Africa's last surviving tropical rain forests. Take a guided 2-kilometer nature walk through the rain forest to discover the wide variety of exotic flora and fauna species and learn about the medicinal values they offer. For those who want a different perspective climb the forty-meter-high canopy walkway.

Visit the infamous forts, castles, and slave dungeons of Ghana. History will unfold with stories of the dark history of the slave trade whose impact is still felt beyond the shores of Africa today. Visit the Cape Coast Castle built by the Swedes in 1653. Learn about the relationship between the western slave traders and the African tribes that made the trans-Atlantic slave trade possible. Experience the dungeon where slaves were housed and forced





to walk through the '*Door of No Return*' knowing that their fate was sealed forever. This castle also houses the West African Historical Museum. Return to Accra in the evening. *Overnight: <u>Movenpick Hotel.</u> Meals Included: Breakfast, Lunch, Dinner*

AUG 20: Accra — Kumasi

Explore the legends of the famous Ashanti people- a powerful tribe whose legacy is still evident today. En route you will have an opportunity to visit some of Ghana's famous craft. *Overnight: Lancaster Kumasi City. Meals Included: Breakfast, Lunch, Dinner*

AUG 21: Ashanti Craft Villages

Visit the Manhyia Palace Museum to learn about the legacy of the Ashanti kingdom. This regal history dates back to the 1700s with ancient relics and artifacts on display.

End the day at the National Cultural Center which features the Prempeh II Jubilee Museum and various studios of brass makers, potters and batik makers.

Overnight: Lancaster Kumasi City. Meals Included: Breakfast, Lunch, Dinner

AUG 22: Kumasi — Akosombo

Depart for to Akosombo. Pay a visit to the chief and elders of Torgorme Village. Participate in a naming ceremony of recognition, where a Ghanaian name is given to participants followed by a celebration of an honorary residency bestowed on each guest.

Upon arrival, check into your hotel.

Overnight: <u>The Royal Senchi Hotel and Resort.</u> Meals Included: Breakfast, Lunch, Dinner

AUG 23: Aksombo — Accra (via Lake Volta)

Enjoy a boat ride on the Volta Lake. The world's largest artificial lake (3,200 sq. miles in surface area) created after the construction of Aksombo dam in 1965. The lake and dam supplies much of Ghana's water and hydroelectricity.

Arrive in Accra in the late afternoon. Evening farewell dinner.

Overnight: Movenpick Hotel. Meals Included: Breakfast, Lunch, Dinner

Aug 24: Transfer to Accra Airport

Check out and transfer to the Accra airport for your flight back home or continue on your optional extension to Mole National Park in Ghana's northern region (see next page).



Tour Price

\$5,995 per person (double occupancy)\$1,450 single room supplement (extremely limited and on first come basis)

Includes:

- All accommodations as specified in this itinerary.
- 7 breakfasts, 7 lunches, 7 dinners
- Lunches include 1 soft drink per person and dinners include 2 glasses house wine, beer or soft drinks per person.
- All ground transportation and transfers as per itinerary or similar.
- Entrance fees for all tours and excursions specified in the itinerary.
- Full time professional driver and tour guide/ tour director.

Exclusions:

- International flights.
- Passport and Ghana visa fees.
- Vaccinations/medication. *Ghana requires proof of yellow fever vaccination.
- Meals not specified in this itinerary.
- Additional beverages
- Trip insurance.
- Personal items such as laundry, fax, telephone, souvenirs and gift shop purchases.

Optional Extension to Mole National Park

Cost: \$1,995 per person (double occupancy) \$650 (single room occupancy)

Includes: 3 nights at Zaina Lodge with daily breakfast, lunch and dinner, one safari game drive per day with a professional English-speaking guide, Mognori village visit, round trip flights (Accra-Tamale-Accra) and roundtrip airport transfers.

Excludes: Drinks, tips/ gratuities to guide, drivers, lodge staff, gift shop purchases, laundry.

Tour Reservation

To reserve a space, please complete and return this form with your deposit of \$1,200 per person payable to Immersion Journeys. You may fill out an online reservation form at this <u>link</u>. You may also mail or e-mail the paper registration to: **455 Main Street, Suite 5M, New York, NY 10044/ E-mail: info@immersionjourneys.com**. We will not process your deposit until you are assigned a place on the tour. Please contact 917–686–2620 if you have any questions about the registration process.

\Box Enclosed is my/our deposit check of	\$ (\$1,200 per person)		
\Box Please charge my/our deposit of \$	(\$1,200 per person) to my: 🛛	VISA 🗆 MasterCard 🗆 American Expr	288
Card #:	Expiration Date:	Security Code (4 digits for	AMEX/ 3 digits for others)
Authorized Card Holder Signature:	Date:	The balance of th	e trip is due on May 19, 2025.
Please sign me/us up for the follow	ving optional extension: 🗆 3-night ext	ension to Mole National Park.	
PASSENGER INFORMATION			
NAME 1 (as on passport):		NAME 2 (as on passport):	
Passport #	_ Nationality	Passport #	_ Nationality
lssue (mm/dd/yy)	Expiration(mm/dd/yy)	Issue (mm/dd/yy)	Expiration(mm/dd/yy)
Date of Birth (mm/dd/yy)	Dartmouth Affiliation	Date of Birth (mm/dd/yy)	Dartmouth Affiliation
Street Address	City	Street Address	City
State	_ ZIP	State	_ ZIP
Home Phone	- Mobile	Home Phone	- Mobile
Email (write clearly)		Email (write clearly)	
□ I prefer single accommodations (Lim	ited availability on first come basis ONLY.)		
\Box I plan to room with ————	——————————————————————————————————————	in (separate beds)	
\Box I prefer to share accommodations (if	roommate is not available, I will pay the si	ngle rate)	
Emergency Phone # & Contact Name (d	luring trip):		
Please indicate any special needs (diet,	health, mobility etc):		
agreed to the terms & conditions. I understo	son I am/we are registering for the 2025 Dartmou and that portions of this trip include unpaved and b taking responsibility for purchasing our own su	d/or uneven pathways. I also agree to be in g	ood physical shape and can walk without a

By signing our tour reservation form, or otherwise indicating your assent in writing, you agree to the terms and conditions set forth in this document. These terms and conditions apply to the Tour, the itinerary for the Tour and payment for the Tour

1. INTRODUCTION: These are the terms and conditions applicable to the tour packages provided by Immersion Journeys LLC, Dartmouth College (collectively "Immersion Journeys", "Dartmouth College", "we", "us" and "our"). The terms "client" "you" and "your" refer to each person who purchases and/or uses a tour package provided by Immersion Journeys.

2. RESERVATIONS AND PAYMENTS: A prepayment deposit \$1,200 along with a completed and signed Tour Reservation Form, and copy of passport are required in order to confirm your reservation. Upon receipt of these forms and your deposit, we will confirm your trip. This Agreement, the signed Reservation form and the signed Credit Card Authorization section of the Tour Reservation Form are all part of your agreement with us.

The balance of your Tour cost is due 90 days prior to departure.

3. TRAVEL INSURANCE: We strongly recommend that you purchase trip cancellation insurance. In the event that you must cancel your participation in a travel Tour, trip cancellation insurance may be the only source of reimbursement. Trip cancellation insurance is available for comprehensive coverage of such expenses in conjunction with cancellation due to illness or accident, and damaged or lost luggage. We will send you an application upon receipt of your reservation. In addition, medical evacuation coverage may be required as a condition of booking. Please contact Dartmouth Alumni Travel at (603) 646-9159/ Dartmouth.Alumni.Travel@Dartmouth.edu.

CANCELLATION AND REFUND POLICY: Our cancellation charges are based on the stringent payment policies of our suppliers of local services and therefore represent a reasonable estimate of our loss. Cancellation charges are expressed as a percentage of your total trip cost (excluding commercial airfare) and also depend on the day you cancel and the day of your scheduled departure from your home. Our cancellation charges are in addition to whatever the airline may charge you:

Penalty	Number of Days of Advance Written Notice
\$750	Ninety (90) or more
50 percent (50%) of total tour cost	Between eighty-nine (89) and sixty (60)
One hundred percent (100%) of total tour cost	Less than sixty (60)

There is no refund for unused portions of a tour once it has commenced, and you are solely responsible for costs incurred by you due to missed, cancelled or delayed transportation. Your decision not to participate on the Tour due to State Department or Centers for Disease Control advisories or warnings, fear of travel, or for any other reason will be deemed a cancellation. If a flight or other delay for any reason prevents you from joining the Tour on the Tour start date, you will be considered a no-show. No refunds will be available, but you may join the Tour late if you wish. Commercial airline tickets must be paid in full at the time of ticketing. Airline cancellation charges are set forth on the invoice.

4. NOT INCLUDED: Taxes; passport, visas and associated fees; personal expenses such as laundry, telephone calls and Internet access; accident/sickness, trip cancellation, and baggage insurance; gratuities to ship and hotel personnel; optional sightseeing excursions; baggage charges on aircraft; local departure air/airport tax(es); airfare and associated local taxes, airport facility and security taxes and federal inspection fees not listed as included in the travel Tour; transfers and baggage handling to/from airport/hotel/ship on day(s) of arrival and/or departure; any overnight on land due to flight schedule(s); meals, alcoholic or other beverages and all other services not specifically mentioned as included in the travel Tour.

5. AIRFARE: Airfare is subject to change and availability and, depending on the fare basis, likely is non-refundable. Your airline ticket constitutes a contract between you and the airline, even if purchased through Immersion Journeys or their airline ticketing partners.

6. BAGGAGE: Luggage allowance policies are set by the airlines and may change without notice. Baggage is at owner's risk throughout the trip. Airlines, buses, vans and other modes of transportation may all have weight and size restrictions on luggage. It is your responsibility to comply with all baggage restrictions.

7. PRICE INCREASES: Destination countries increase their VAT taxes from time to time. Some suppliers impose energy surcharges or other price increases. Prices are also subject to increase due to currency fluctuations. Any such increases will be applied to your total due at the time of final payment.

8. PASSPORTS, VISAS, and OTHER ENTRY REQUIREMENTS: International travel requires a passport valid 6 months beyond your intended return travel date. In most cases, you will also need to have multiple consecutive blank visa pages within your passport (the number varies depending on the destination(s)). Many destinations also require that visas be obtained prior to travel. If one parent or guardian plans to bring a minor child without the other parent or parents, some countries and airlines have strict documentation and permission requirements. Birth certificates may be required for children under 18. Some nations require proof of vaccinations for all travelers. Please speak with us if you are unsure about the visa requirements for your travel destination. You are solely responsible for complying with passport, visa, and other foreign entry requirements and vaccinations.

9. RESPONSIBILITY AND ASSUMPTION OF RISK: Immersion Journeys, its employees, shareholders, subsidiaries, affiliates, officers, directors, successors, and assigns (collectively "Immersion Journeys"), do not own or operate any entity which is to or does provide goods or services for your Tour including, for example, lodging facilities, airline, vessel, or other transportation companies, safari or guide services, local ground or safari operators, providers or organizers of optional excursions, food service or entertainment providers, etc. All such persons and entities are independent contractors. As a result, Immersion Journeys is not liable for any negligent or willful act, failure to act, financial failure or other defaults of any such person, entity, supplier or any other third party.

In addition and without limitation, Immersion Journeys is not responsible for any injury, financial or other loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of God or force majeure, acts or orders of government, acts of war or civil unrest, insurrection or revolt, bites from or attacks by wild or domestic animals, insects or pests, strikes or other labor activities, criminal or terrorist activities of any kind or the threat thereof, sickness, illness, epidemics or the threat thereof, the lack of availability of or access to medical attention or the quality thereof, overbooking or downgrading of accommodations, mechanical or other failure of airplanes, vessels or other means of transportation, or for any failure of any transportation mechanism to arrive or depart timely or safely. Further, I release Immersion Journeys from its own negligence and assume all risk thereof.

We have no special or unique knowledge regarding the financial condition of the suppliers of services, unsafe conditions, health hazards, weather hazards, or climate extremes at locations to which you may travel. For useful information regarding your destination, we strongly recommend reviewing the destination-specific information at www.travel.state.gov, and the Centers for Disease Control at www.cdc.gov/travel.

If due to weather, flight schedules or other uncontrollable factors, you are required to spend an additional night(s), you will be responsible for your own hotel, transfers and meal costs. The right is reserved to decline to accept as a Tour participant, or remove from a Tour, without refund, any person Immersion Journeys judges to be incapable of meeting the rigors and requirements of participating in the activities, or who is abusive to other Tour participants, leaders or third parties, or who Immersion Journeys determines to detract from the enjoyment of the Tour by others. Specific room assignments are within the sole discretion of the lodge or hotel.

Assumption of Risk of Exposure to COVID-19: you agree to fully accept all known and unknown risks, including the potential risk of exposure to respiratory illnesses or other illnesses, diseases, or conditions, including but not limited to the coronavirus known as COVID-19. The coronavirus COVID-19 is primarily transmitted via exhaled respiratory droplets, most often through coughing, sneezing and breathing in close proximity to another person. These droplets can travel up to six feet and are more commonly transmitted between persons rather than from equipment to persons. You understand and agree that (a) COVID-19 is extremely contagious and there is an inherent risk of exposure to COVID-19 in any place where people are present; (b) no precautions, including the protocols that will be implemented as part of the trip, can eliminate the risk of exposure to COVID-19; (c) people of all ages and health conditions, including healthy young people, have been adversely affected by COVID-19; (d) certain people have been identified by public health authorities as having greater risk based on their age or underlying medical conditions; (e) exposure to COVID-19 can result in being subject to quarantine requirements, illness, disability, and other short-term and long-term health effects, including death, regardless of a person's age of health condition. You understand and agree to hold the Immersion Journeys, its officers, vendors and suppliers harmless and not liable for any real or perceived symptoms of COVID-19 or any other disease, illness, or condition, nor for exacerbating any existing symptoms of any illness, disease or condition, and you fully agree to accept these and all other known and unknown risks of receiving services from Immersion Journeys.

10. CANCELLATIONS AND POSTPONEMENTS BY IMMERSION JOURNEYS: Immersion Journeys reserves the right to change the itinerary, the lodges or hotels utilized or any Tour features at any time and for any reason, with or without notice, and Immersion Journeys shall not be liable for any loss of any kind as a result of any such changes. Immersion Journeys may cancel or postpone a Tour (or an option) for any reason whatsoever. Seasonal changes (for example, from low to high season) may result in higher prices. In any event, for cancellations (or postponements) based upon acts of God or force majeure, acts or orders of government, epidemics or the threat thereof, pandemics, terrorism or the threat thereof, strikes or labor disturbances, demonstrations, riots or civil unrest, criminal activity, supplier default or insolvency, or other similar circumstances, its sole obligation is to issue credits in the full amount of moneys paid to Immersion Journeys, but only to the extent its suppliers are crediting Immersion Journeys with those monies paid by Immersion Journeys to them. Under no circumstances is Immersion Journeys obligated to refund the cost of any purchased travel insurance. Immersion Journeys is not required to cancel any Tour for any reason including without limitation, United States Department of State, Centers for Disease Control, World Health Organization or other Warnings or Advisories of any kind. Immersion Journeys is not responsible for fees assessed by air carriers resulting from operational and/or itinerary changes, even if Immersion Journeys makes the flight arrangements or cancels the Tour. Immersion Journeys reserves the right to substitute lodges, hotels, vessels or attractions for those listed in the tour description if same is required by circumstances beyond its control or for the convenience or well-being of clients.

11. OTHER TAXES AND FEES: Some governments charge departure taxes and/or fees. These fees are the responsibility of each passenger traveling to the designated country and are not included unless stated.

12. FORCE MAJEURE: Immersion Journeys assumes no responsibility for any personal injury, property damage, financial or other loss, accident, delay, inconvenience, or irregularity which may be occasioned by reason of any matter beyond our control including but not limited to a delay or cancellation of a flight that causes you to miss all or any portion of the Tour, acts of God, acts or orders of government, epidemics, war, terrorist acts, riots, disaster, weather events, or strikes.

13. INDEMNIFICATION: You shall indemnify, defend and hold harmless Immersion Journeys, Dartmouth College, and its officers, employees, directors, suppliers and agents, in their individual capacities or otherwise, from and against any Losses arising out of: (i) your negligence; (ii) your failure to comply with applicable law; or (iii) your failure to comply with these terms and conditions.

14. PHYSICAL ACCESSIBILITY: All Tours require physical independence and mobility. Any physical or mental condition that may require special medical attention or physical assistance (for example, the need for a wheelchair) must be reported in writing when you make your reservation. Participants must be able to embark or disembark vans or motor coaches alone or with minimal assistance from your traveling companion and climb stairs and step over raised thresholds without assistance. Participants requiring assistance must travel with a companion who will be responsible for handling equipment. Please understand that the Americans with Disabilities Act does not apply outside the United States.

15. CONDUCT DURING TOUR: You are also responsible for respecting the authority and following the directions of the tour guide and the laws of the countries in your itinerary. This includes the requirement to wear a face mask and other health and sanitization requirements. We may exclude you from participating in all or any part of the tour if, in our sole discretion, your condition or behavior renders you unfit for the tour or unfit for continuation once the tour has begun. Unfitness may include, without limitation, any behavior that, regardless of its cause, is inappropriate or offensive or interferes with the delivery of tour services, or may constitute a hazard or embarrassment. In such case, our liability shall be strictly limited to refund of the recoverable cost of any unused portion of the tour. Should you decide not to participate in certain parts of the tour or use certain goods included in the tour, no refunds will be made for those unused parts of the tour or goods.

16. MEDICAL PROXY: If you are unable to authorize your own medical attention and treatment, you authorize Immersion Journeys or its subcontractors or agents to authorize medical attention and treatment on your behalf. You agree to hold harmless and release Immersion Journeys from any liability for medical attention arranged or not arranged on your behalf. Immersion Journeys assumes no liability regarding provision of medical care or evacuation services.

17. CHANGES: Changes in this Agreement may be made only in writing, signed by an officer of Immersion Journeys.

18. SUPPLEMENTAL RELEASE: This Supplemental Release is supplemental to and not in limitation of the Agreement and Release from Liability, Assumption or Risk and Arbitration Agreement ("Release") I/we previously signed. Except as modified herein, that Release remains in full force and effect. I understand that Immersion Journeys, LLC. ("Immersion Journeys") does not own, operate, control or supervise any person or entity which provides hot air balloon trips or hot air balloon equipment and that it makes no representations whatsoever as to the adequacy or safety of any such person or entity or of any such equipment. In addition, I understand that Immersion Journeys is giving me information about this trip, or booking it only as a courtesy to me. I understand there are various risks of injury, inconvenience and death associated with hot air ballooning. These include, but are not limited to, crashes, uncontrollable wind currents which, among other things, could cause hard landings (dragging of the balloon which in turn could cause injury or death), the possibility of a fire as a result of a drag or crash, landing in an area different from that anticipated, defective equipment, etc. I assume all such risks and specifically release Immersion Journeys from any and all claims of negligence, gross negligence, breach of contract or any other claim with regard to my hot air ballooning trip. I further understand that medical aid may be unavailable during the course of my balloon safari, evacuation to any medical facility difficult and lengthy, and that any such facility (or medical personnel) may not be of the quality of facilities or medical personnel in the United States.

19. BINDING ARBITRATION: Any dispute concerning, relating or referring to this Agreement, the brochure or any other literature concerning the Tour, or the Tour itself, shall be resolved exclusively by binding arbitration pursuant to the Federal Arbitration Act, 9 U.S.C. Sections 1-16, either according to the then existing Commercial Rules of the American Arbitration Association (AAA) or pursuant to the Comprehensive Arbitration Rules & Procedures of the Judicial Arbitration and Mediation Services, Inc. (JAMS). Such proceedings will be governed by substantive (but not procedural) State of New York law and will take place in New York City, New York. The arbitrator and not any federal, state, or local court or agency shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Immersion Journeys are waiving the right to a trial by jury. Any arbitration commenced against Immersion Journeys must be on behalf of only the signatory to this Agreement and his or her immediate family members who travelled with signatory, such as a spouse or child. Under no circumstances can participant be part of a class or other joint action.

By signing the Tour Registration form, you agree to the terms of this Terms and Conditions, Release of Liability, Assumption of Risk, Supplemental Release and Binding Arbitration Agreement. Your Agreement extends to any tour to which you may transfer to. If you party includes a person under 18, then you represent that you are that person's parent or legal guardian.



