Explore. Discover. Learn.
Dartmouth Alumni Travel

Ancient Traditions of the Inland Sea of Japan

Kyoto • Hiroshima • Miyajima
Matsue • Himeji • Osaka

A voyage aboard the Exclusively Chartered Small Ship
Five-Star L’Austral

with Dennis Washburn
Jane and Raphael Bernstein Professor in Asian Studies
and Frank J. Guarini Associate Dean for International Studies and Interdisciplinary Programs

May 8 to 18, 2018
Dear Alumni, Parents, and Friends of Dartmouth,

Konnichiwa! Experience the timeless splendor of Japan and South Korea by sea and on land, the best way to see the richness of this beautiful region. During this custom-designed, nine-night itinerary, explore enthralling ports steeped in the traditions of ancient Buddhist shoguns and Samurai warriors and admire landscapes dotted with Shinto shrines, imperial castles and meticulous Japanese gardens.

Spend two nights in the enchanting city of Kyoto, its serene landscape adorned with fragrant cherry blossom trees. It was the imperial capital of Japan from A.D. 794 until the mid-19th century and has been the cultural capital of this island nation for more than 1000 years. See its historic UNESCO World Heritage-designated monuments, visit the imperial Nijo Castle and the opulent temples of Ryōan-ji and Kinkaku-ji, and stroll through the iconic, red-orange torii gates of the Fushimi Inari Shrine.

On board the exclusively chartered, Five-Star small ship LA’AUSTRA, featuring only 110 ocean-view Suites and Staterooms and access to ports unavailable to larger vessels, cruise for seven nights from Himeji, Japan, along the coast of the tranquil Inland Sea and South Korea. Your captivating ports of call showcase four UNESCO World Heritage sites—see the impressive 14th-century Himeji Castle complex, the largest surviving feudal structure of medieval Japan; walk through the poignant Peace Memorial Park and Museum in Hiroshima; tour the picturesque Itsukushima Shrine in Miyajima with its awe-inspiring Great Torii Gate; and in Gyeongju, South Korea, see the ancient Silla Kingdom Royal Burial Mounds and the glorious Buddhist Bulguksa Temple, which symbolizes the material expression of Buddhist utopia on Earth.

Admire the extraordinary collection of Japanese paintings and ceramic works at the Adachi Museum of Art near Matsue, whose impeccable gardens are seen as “living Japanese paintings.” Just outside of Moji, walk through the beautiful 12th-century Akama Shrine, dedicated to the child emperor Antoku. Nearby, visit a Japanese fish market, known for its locally caught fugu (pufferfish), a delicacy of Japanese cuisine.

We invite you to join us, as well as travelers from Duke University and the National Trust for Historic Preservation, for this unique itinerary and excellent value featuring Five-Star accommodations and at least one included excursion each day. This program sells out quickly, so I encourage you to book now while space and Early Booking Savings are available.

Warm regards from Hanover,

Robin K. Albing, Tu’81
Director, Lifelong Learning and Travel

Mary Ann R. Hunt, A&S’14
Assistant Director, Lifelong Learning and Travel

Study Leader

Dennis Washburn, a specialist in Japanese literature in the Comparative Literature Program, is the Jane and Raphael Bernstein Professor in Asian Studies and the newly appointed Frank J. Guarini Associate Dean for International Studies and Interdisciplinary Programs. He is currently serving as chair of the Asian and Middle Eastern Studies Program and is one of the new House Professors for the Living Learning Communities centered in the McLaughlin residential cluster. His scholarly work looks at how issues of social values and cultural identity are represented in Japanese forms of both modern and classical fiction. He is the author of “The Dilemma of the Modern in Japanese Fiction” and “Translating Mount Fuji: Modern Japanese Fiction and the Ethics of Identity.” His edited volumes include: “Word and Image in Japanese Cinema,” “Converting Cultures: Religion, Ideology, and Transformations of Modernity” and “The Affect of Difference: Representations of Race in East Asian Empire.” In addition to his scholarly work, he has translated numerous works of fiction, including Yokomitsu Riichi’s “Shanghai,” Mizukami Tsutomu’s “The Temple of the Wild Geese,” for which he was awarded the U.S.-Japan Friendship Commission Prize, and Tsushima Yuko’s “Laughing Wolf.” His new translation of “The Tale of Genji” was published by W. W. Norton in 2015.

Explore. Discover. Learn.
Traditions, Ceremony and Ritual

A mysterious island nation, one of unsurpassed natural beauty and a way of life found nowhere else in the world, Japan and its fascinating culture are laden with ancient spiritual rituals, symbolism, stately ceremony and rich, storied tradition—the beginnings of which originated thousands of years ago. Tea ceremonies, Noh drama, ikebana (flower arrangement, also known as kado or “the way of the flowers”), matsuri (the many seasonal festivals of worship) and classical landscape gardens are just some of the long-held traditions an immersion into Japanese culture will unveil. Look for these different types of gardens: the paradise garden, kare-sansui (dry landscape) garden, strolling garden and tea garden, each with a different symbolic interpretation. Enjoy the opportunity to stroll the harmonious landscaping of the tranquil Koraku-en Garden near Okayama. And, perhaps silent contemplation will reveal to you the lessons of the kare-sansui rock garden at Ryōan-ji, Kyoto’s Temple of the Peaceful Dragon, founded in 1450. This garden, one of the most famous in the world, represents the ultimate expression of Zen Buddhism—legend says that only 14 of the 15 rocks in the garden can be seen at once, and only when one attains spiritual enlightenment does the final stone reveal itself.

U.S.
Tuesday, May 8
Depart the U.S. and cross the International Date Line.

Osaka, Japan/Kyoto
Wednesday, May 9
Arrive in Osaka, then transfer to beautiful Kyoto, the impeccably preserved former imperial capital of Japan. Check into the ideally located deluxe Kyoto Hotel Okura. The remainder of the day is at leisure.

Kyoto
Thursday, May 10
In timeless Kyoto, discover an ethereal setting of grand imperial castles, tranquil Zen gardens and graceful Shinto shrines that manifest Japanese culture in its purest form. Many of Kyoto’s ancient buildings and gardens are designated UNESCO World Heritage sites, including grandiose Nijō Castle, built by the shogun of the powerful Tokugawa dynasty (1603 to 1867); iconic Kinkaku-ji Temple, the famed 14th-century Temple of the Golden Pavilion, whose top two floors are adorned completely with gold leaf; and the Ryōan-ji Temple, originally an aristocrat’s villa during the Heian Period (794 to 1185), featuring a famous contemplative rock garden. Drawing inspiration from the Zen gardens of Kyoto, Apple™ co-founder Steve Jobs used Ryōan-ji Temple as a place of meditation, and its minimalist simplicity was the guiding aesthetic principle of the company’s products. Join your traveling companions for a Welcome Reception this evening.

Kyoto/Himeji
Friday, May 11
This morning, visit the captivating Fushimi Inari Shrine, dedicated to the deity of sake and rice and one of the oldest Shinto shrines in Japan—the earliest structures were constructed in A.D. 711. Its thousands of carefully aligned, iconic, red-orange torii gates lead to the magnificent Inari Mountain.

Cover photo: Miyajima’s Great Torii Gate is thought to be the boundary between the spirit and the human worlds.
Photo this page: Kyoto’s UNESCO-designated Golden Pavilion functions as a shariden, housing relics of the Buddha.
Enjoy lunch and a scenic transfer en route to the extraordinary Himeji Castle, a UNESCO World Heritage site comprising 83 buildings and the largest and best-preserved feudal castle complex in Japan. From the hilltop castle grounds, admire the elegant structures, crafted entirely of wood and dating from the 14th to 17th centuries.

Later this afternoon, embark the Five-Star L’AUSTRAL.

**Hiroshima/Miyajima**

**Saturday, May 12**

Visit Hiroshima’s compelling Peace Memorial Park, a tranquil, urban green space where the remains of the Genbaku Dome, which survived the forces of the atomic bomb, are a designated UNESCO World Heritage site and a universal symbol of peace. See the solemn Children’s Peace Monument and explore the Peace Memorial Museum, which chronicles the history of Hiroshima.

Continue to the small island of Miyajima, or “Shrine Island,” and go ashore via Zodiac to tour the impressive sixth-century Itsukushima Shrine, a UNESCO World Heritage site. See its stunning vermilion Great Torii Gate, which appears to float on water during high tide. Attend the Captain’s Welcome Reception this evening.

**Hagi**

**Sunday, May 13**

Originally a small fishing port, the cultural town of Hagi was fortified by Mōri Terumoto in 1604. Walk through the old samurai quarter past its many former samurai dwellings along roads lined with original 19th-century earthen walls. Visit the early 17th-century Kikuya House, the former residence of a merchant wealthy enough to live among the samurai and one of the best-preserved examples of merchant-style architecture from the Edo Period. Tour the 17th-century Toko-ji Temple, from the Obaku School of Japanese Zen Buddhism, and see its 500 moss-covered stone lanterns honoring the Mōri clan lords. Visit the Hagi Uragami Museum, which displays over 5000 traditional woodblock prints and porcelain pieces.

**Sakaiminato for Matsue**

**Monday, May 14**

Enjoy a scenic drive through Matsue to tour the acclaimed Adachi Museum of Art. This stunning combination of Japanese art and garden design features a collection of 20th-century paintings and modern art along with six perfectly landscaped gardens.
seen through the museum’s vast windows as “living Japanese paintings” and widely considered to be the best in the country.

See distinctive Matsue Castle, a feudal structure whose five-story keep is the tallest in Japan, before returning to the ship for an afternoon of cruising with onboard lectures.

Ulsan, South Korea, for Gyeongju Tuesday, May 15
Travel across South Korea’s verdant rural landscape from Ulsan to the cradle of the Silla Kingdom (57 B.C. to A.D. 935) in the historic city of Gyeongju. Visit the glorious Bulguksa Temple, a UNESCO World Heritage site and part of a religious architectural complex that represents a material expression of Buddhist utopia on Earth. The complex is divided into three areas—the Vairocana Buddha Hall, the Hall of Great Enlightenment and the Hall of Supreme Bliss—and is home to several national treasures including stone bridges and two pagodas.

Visit Gyeongju National Museum, which houses priceless archaeological and historical artifacts. Enjoy a specially arranged Korean lunch and a traditional dance performance.

Visit the Royal Burial Mounds at Tumuli Park where, in 1974, the 43-foot-high Cheonmachong (Heavenly Horse) Tomb, dating from the fifth century, was excavated, revealing over 10,000 royal treasures inside.

Moji, Japan Wednesday, May 16
Visit the impressive Akama Shrine, built in 1191 and dedicated to the child emperor Antoku. Then, stroll through the Karato Ichiba Fish Market, specializing in the delicacy of locally sourced fugu (pufferfish). Market-goers gather here to enjoy sushi and sashimi bento, while professional chefs come to purchase the freshest seafood to prepare time-honored recipes in their restaurants.

Enjoy the Captain’s Farewell Reception on board this evening.

Uno Thursday, May 17
From the port of Uno, participate in one of two included excursions. Enjoy a scenic drive to the lovely town of Kurashiki, which translates to “storehouse village,” one of the best-preserved mercantile towns in Japan—its distinctive black and white latticed buildings remain from the 17th-century Edo Period. Visit the old merchant quarter and walk among the traditional kara (granary) buildings beside small, tranquil canals framed by languid weeping willows. Or, choose to visit the famous Koraku-en Garden, one of the Three Great Gardens of Japan, situated on the outskirts of Okayama. Commissioned by Lord Ikedo in 1686, it is a classic strolling garden graced with bamboo groves; pine, plum and cherry trees; and tea bushes.

Osaka/U.S. Friday, May 18
Disembark in Osaka and continue on the Kanazawa Post-Program Option, or transfer to the airport for your return flight to the U.S.
Small Ship, State-of-the-Art Design
The exclusively chartered L’AUSTRAL represents the newest generation of Five-Star small ships, featuring only 110 Suites and Staterooms, distinctive French sophistication and complimentary Wi-Fi throughout the ship.

Elegantly Appointed Suites and Staterooms, 95% with Private Balconies
Each air-conditioned, deluxe Stateroom and Suite (200 to 484 square feet) features a private bathroom with shower, luxurious Five-Star hotel amenities and minibar with complimentary beverages; most have two twin beds that convert into one queen bed. Enjoy accommodation amenities including individual climate control, satellite flat-screen television, safe, full-length closet, writing desk/dressing table, plush robes and slippers.

Chic and Casual Dining
International and regional cuisine is served in the stylish, spacious Le Coromandel dining room in single, unassigned seatings; alfresco in the casual Le Rodrigues Restaurant; or from 24-hour room service. Complimentary alcoholic and nonalcoholic beverages are available throughout the cruise. Continental and buffet breakfasts, buffet lunch, afternoon tea and a four-course dinner are served daily. Wine is served with lunch and dinner.

Spacious Public Areas/World-Class Service and Facilities
In keeping with the low passenger density, the public areas are spacious and inviting, and they can accommodate all passengers comfortably. Enjoy views from the Panoramic Lounge; nightly entertainment in the Main Lounge; and lectures, cultural performances or film screenings in the state-of-the-art theater. There is a library, Internet salon, Sun Deck with open-air bar, swimming pool, beauty salon, spa, Turkish bath-style steam room, full range of fitness equipment, two elevators and an infirmary staffed with a doctor and a nurse. The highly trained and personable, English-speaking, international crew provides attentive service.

Respect for the Environment
The state-of-the-art propulsion system and custom-built stabilizers provide an exceptionally smooth, quiet and comfortable voyage. By design, the ship is energy efficient and environmentally protective of marine ecosystems and has been awarded the prestigious “Clean Ship” designation due to its advanced eco-friendly features, a rarity among ocean-cruising vessels. The ship has two tenders and 10 Zodiacs.
Included Features

In Kyoto, Japan
◆ Two nights in the deluxe KYOTO HOTEL OKURA.
◆ Welcome Reception.
◆ Tour of the impressive UNESCO World Heritage-designated Nijō Castle, built by a powerful shogun of the Tokugawa dynasty.
◆ Visit to the magnificent UNESCO World Heritage-designated temples of Ryoan-ji and Kinkaku-ji.
◆ Tour of the iconic Fushimi Inari Shrine to see its thousands of beautiful vermilion torii gates.

Transfer from Kyoto to Himeji, including lunch.

On board the exclusively chartered Five-Star small ship L’AUSTRAL
◆ Seven-night cruise from Himeji, Japan, with port calls at Hiroshima, Miyajima, Hagi, Sakaiminato for Matsue, Moji, Uno for Kurashiki or Okayama, and Osaka, Japan; and Ulsan for Gyeongju, South Korea.

Enhanced Travel Services
◆ Transfers and luggage handling abroad for participants whose arrivals/departures coincide with the scheduled group transfer(s).
◆ All excursions and visits, as outlined above, with experienced local guides.
◆ Complimentary bottled water in your accommodations and on excursions.
◆ Hospitality desk in the hotel and aboard ship.

Complimentary use of a state-of-the-art audio headset for each participant ticketed on flights by Gohagan & Company.
En route to Kyoto aboard the Shinkansen bullet train, admire majestic Mt. Fuji, Japan’s highest mountain, in the distance.

Iconic Tokyo
Pre-Program Option

Begin your journey in Japan’s vibrant and iconic capital city of Tokyo. Beneath the layers of thriving business districts, amid the contemporary architectural achievements and a wellspring of Japanese pop culture, you will find venerable wooden houses fronted by bonsai trees and shrines wreathed in incense smoke—the inherent cultural core of this historic city. Explore Tokyo’s most important Shinto shrine—the Meiji Shrine—and the magnificent East Garden and Plaza of the Imperial Palace. Enjoy a full-day excursion to Hakone to view the tallest peak in Japan—the iconic Mt. Fuji—a UNESCO World Heritage site. Experience a high-speed transfer aboard the legendary Shinkansen bullet train to charming Kyoto. Accommodations are for three nights in the prestigious Five-Star ANA INTERCONTINENTAL HOTEL TOKYO.

Kanazawa’s Cultural Landscape
Post-Program Option

Step back in time in the remarkably well-preserved city of Kanazawa, dating from the early 16th century. Visit Kenroku-en Garden, one of the Three Great Gardens of Japan, created in the kaiyu (many pleasures) style for the enjoyment of feudal lords who lived in its 16th-century castle; the Higashi Chaya district with historic teahouses where geisha once lived; and the Nagamachi samurai district. Experience the art of Washi papermaking, a centuries-old Japanese handcrafting tradition, noted on UNESCO’s Intangible Cultural Heritage list. Enjoy an excursion to the UNESCO World Heritage site of historic Shirakawa-go and the village of Ogimachi, famous for its traditional gassho-zukuri (praying hands) farmhouses—a reference to the shape of the roofs. Travel to Tokyo by Shinkansen bullet train. Accommodations are for two nights in the deluxe ANA CROWN PLAZA KANAZAWA and for one night in the Five-Star ANA INTERCONTINENTAL HOTEL TOKYO. Pre- and Post-Program Options are available at additional cost. Details will be provided with your reservation confirmation.

Ogimachi, the largest village of Shirakawa-go—a UNESCO World Heritage site—is home to dozens of well-preserved centuries-old gassho-zukuri farmhouses.
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<td>Deluxe Suite</td>
<td>Ocean-view, expansive floor-to-ceiling sliding glass door onto private balcony, shower and sitting area with sofa. Deck 6, Mahé. (limited availability)</td>
<td>$10795</td>
<td>$11795</td>
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<tr>
<td>Prestige Suite II</td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto large private balcony, two bathrooms with showers, large sitting area with sofa, two closets, writing desk and dressing table. Deck 5, Bengale. (limited availability)</td>
<td>$12795</td>
<td>$13795</td>
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<tr>
<td>Prestige Suite I</td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto large private balcony, two bathrooms with showers, large sitting area with sofa, two closets, writing desk and dressing table. Deck 6, Mahé. (limited availability)</td>
<td>$12795</td>
<td>$13795</td>
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<tr>
<td>Owner’s Suite</td>
<td>Two-room, ocean-view, expansive floor-to-ceiling sliding glass door onto two private balconies, one and a half bathrooms, separate tub and shower, sitting room with sofa, table and four chairs and writing desk. Deck 6, Mahé. (limited availability)</td>
<td>$14795</td>
<td>$15795</td>
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Singles are available in category 6 at $15095 and in category 4 at $17295 on or before October 10, 2017. Add $1000 for reservations made after October 10, 2017.

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**LAND/Cruise Tariff** excluding taxes

8. Ocean-view, one large window, shower. Deck 3, Calicut, forward. (limited availability)

7. Ocean-view, small window and single door onto private, partial wall balcony, shower. Deck 3, Calicut, aft. (limited availability)


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**Ancient Traditions of the Inland Sea of Japan Reservation Form**

**Send to:** Thomas P. Gohagan & Company
209 South LaSalle Street, Suite 500
Chicago, Illinois 60604-1446
(800) 922-3088

**Dartmouth Alumni Travel**

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<tr>
<th>Title</th>
<th>Full Name (exactly as it appears on your passport)</th>
<th>Class Year/Affiliation</th>
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<tr>
<td>Street Mailing Address (no P.O. Box number please)</td>
<td>City</td>
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<td>Telephone: (Home)</td>
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<td>Email Address</td>
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**Preferred Name(s) on Badge(s)**
Tour No. 140-05/08/18-026

Program reservations require a deposit of $800 per person and $200 per person Iconic Tokyo Pre-Program Option and/or $200 per person Kanazawa’s Cultural Landscape Post-Program Option. By reserving and paying on this program, I agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

- Enclosed is my/our check(s) for $ amount as deposit.
- Make checks payable to 2018 Inland Sea of Japan.
- I/we authorize you to charge my/our deposit of $ amount to:
  - Visa
  - MasterCard

**Card Number** | **Exp. Date**

Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by check or wire transfer by February 2, 2018.

Please make my/our reservation(s) in Stateroom Category:

1st Choice | 2nd Choice
---|---
- Double occupancy (two twin beds).
- Double occupancy (one queen bed).
- Single accommodations.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s):

- Iconic Tokyo Pre-Program Option
  - Double at $1395 per person.
  - Single at $2275 per person.
  - I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

- Kanazawa’s Cultural Landscape Post-Program Option
  - Double at $1425 per person.
  - Single at $1725 per person.
  - I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

- I/We want you to book my/our air from

  (fill in departure city)
  to and from Osaka, Japan, at additional cost to be advised.
  - Note: Airfare is subject to change and availability and is nonrefundable.

- I/We will make my/our own air arrangements.
RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT

RESPONSIBILITY: Thomas P. Gohagan & Company, the sponsoring association, and its and their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (individually and collectively referred to herein as “Gohagan”), are not responsible for travel, activities, criminal or terrorist activities of any kind or the threat thereof, sickness, illnesses, epidemics or the threat thereof, the lack of availability of or access to medical attention or the quality thereof, overbooking or downgrading of accommodations, mechanical or other failure of airplanes, vessels, or other means of transportation, or for any failure of any transportation mechanism to arrive or depart timely or safely.

CANCELLATION: Cancellations for all or any part of the trip including Pre/Post Program(s) reservation(s) shall not be effective until received in writing in the offices of Gohagan. Should you have to cancel, the following terms will apply: reservation cancellation(s) are subject to a $200 ($50 Pre/Post Program(s)) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $300 ($75 Pre/Post Program(s)) per person; from 60 through 94 days prior to departure, 70% of the published full regular tariffs; cancellations 59 days or less prior to departure, a no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable non-cancellation fees, optional excursion cancellation fees and administrative fees may apply.

TRIP INSURANCE: We strongly recommend that you purchase trip cancellation insurance. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. Trip cancellation insurance is available for comprehensive coverage of such expenses in conjunction with cancellation due to illness or accident, and damaged or lost luggage. We will send you an application upon receipt of your reservation.

RATES: Prices quoted are based on fares in effect at the time of printing and are subject to change and vary with any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

PHYSICAL ACCESSIBILITY: Any physical or mental condition that may require special medical attention or physical assistance not specifically mentioned in the “Included Features” section. Meals, alcoholic or other beverages and all other services listed in this brochure. In addition and without limitation, Gohagan is not responsible for any negligent or willful act or failure to act of any person or entity or of any other third party.

No injuries, loss, death, inconvenience, delay, or damage to person or property including, but not limited to, United States Department of State, World Health Organization or other Warnings or Advisories of any kind.

Gohagan is not liable for any negligent or willful act or failure to act of any person or entity or of any other third party.

Any dispute concerning, relating or pursuant to the Comprehensive Arbitration Rules & Procedures of the Judicial Arbitration and Mediation Services, Inc. (JAMS). Such proceedings will be governed by substantive (but not procedural) Illinois law and will take place in Chicago, IL. The arbitrator and not any federal, state, or local court or agency shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Gohagan are waiving the right to a trial by jury.

ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for him/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

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