South to Serendib
SOUTHERN INDIA AND SRI LANKA

aboard the Island Sky • March 24–April 7, 2017

With DIEDERIK VANDEWALLE, Associate Professor of Government
Dear Alumni, Parents, and Friends of Dartmouth:

We invite you to join Dartmouth professor Professor Diederik Vandewalle aboard the all-suite cruise ship Island Sky, for a visit to three of India’s southern states, each with something special to offer, and Sri Lanka, a little gem of an island once known as Serendib.

During this 11-night voyage from Chennai to Mumbai, visit the stunning rock-cut shore temples of Mamallapuram; Trivandrum’s Napier Museum, a city landmark with its Gothic roof and minarets; the tiny Paradesi Synagogue, beautifully appointed with hand-painted blue willow floor tiles, in Kochi; Soans Farm, a center for innovative agriculture; the imposing Basilica of Bom Jesus, the final resting place of St. Francis Xavier in Goa; and the lush backwaters of Kerala. Also enjoy an exciting, colorful performance of Kathakali, a stylized classical Indian dance-drama, and opportunities to sample Southern India’s distinctive cuisine, flavored by a unique blend of spices, coconut, and rosewater.

And then there’s Serendib, known today as Sri Lanka and the inspiration behind the word “serendipity.” From the ruins of the ancient city of Polonnaruwa to Bundala National Park, a UNESCO Man and Biosphere Reserve, and the Temple of the Tooth, which houses one of Buddhism’s most sacred relics, Sri Lanka offers much that is both unexpected and fascinating.

An optional pre-cruise extension to the massive and wildly colorful Temple of the Fish-Eyed Goddess in Madurai and an optional post-cruise extension to the incredible rock-hewn caves of Ajanta and Ellora are available to round out this exotic experience.

The Island Sky comfortably accommodates just 96 guests, and we are co-sponsoring this cruise with several other organizations. Call today to reserve your place on this remarkable experience in Southern India and Sri Lanka.

Warm regards from Hanover,

Robin K. Albing T’81
Director
Alumni Lifelong Learning and Travel

Mary Ann R. Hunt A’14
Assistant Director
Alumni Lifelong Learning and Travel

www.alumni.dartmouth.edu/travel
Martha Crenshaw is a senior fellow at two prestigious, international-focused institutions at Stanford University: the Center for International Security and Cooperation, and the Freeman Spogli Institute for International Studies. Her primary areas of interest are international conflict and, in particular, political violence. She has also been a speaker for the U.S. State Department, including in India and Sri Lanka. She will discuss the conflict between Tamils and Sinhalese in Sri Lanka, which led at one point to Indian military intervention, as well as India’s place in the world.

Michael Golay is a professor in the MIT Nuclear Science and Engineering Department, where he focuses on problems of energy and the environment, particularly those of nuclear power and responses to climate change. He is active internationally in energy-related research, educational and advisory service, as well as media commentary. During the program, he will discuss the dominating roles of rapidly developing countries in driving global climate change, and their policies concerning using energy technologies that do not emit greenhouse gases.

Observe the gentleness and compassion exhibited by the resident pachyderms toward newly orphaned youngsters at Sri Lanka's Pinnawala Elephant Orphanage.
ITINERARY

Home + Chennai, India
FRIDAY, MARCH 24 & SATURDAY, MARCH 25
Depart home on an overnight flight to Chennai. Upon arrival, transfer to the hotel for check-in. TAJ COROMANDEL

Chennai
SUNDAY, MARCH 26
Today visit Mamallapuram, an ancient seaport and home to the Group of Monuments at Mahabalipuram, a UNESCO World Heritage site. Picturesquely situated between beach and lagoon are chariot-shaped temples, cave sanctuaries, giant open-air rock reliefs, and the Shore Temple, embellished with thousands of sculptures dedicated to Lord Shiva. Carved mainly out of granite, these are the oldest existing examples of Dravidian (South Indian) architecture. Return to Chennai for embarkation. ISLAND SKY (B,L,D)

Trichinopoly, Sri Lanka
TUESDAY, MARCH 28
Explore the 12th-century ruins of what was once the magnificent walled capital of Polonnaruwa. A UNESCO World Heritage site, Sri Lanka’s magnificent medieval capital is surrounded by lush greenery that provides habitat for monkeys and many species of birds. ISLAND SKY (B,L,D)

Hambantota + Bundala National Park
WEDNESDAY, MARCH 29
Explore Bundala National Park, an important wintering ground for migratory water birds. Bundala harbors nearly two hundred species of birds, including the greater flamingo, which migrates in large flocks. Started as a wildlife sanctuary in 1969, Bundala was reclassified as a national park in 1993 and designated a UNESCO Man and Biosphere Reserve in 2005. In addition to abundant birdlife, park residents include Asian elephants, langurs, jackal, leopards, mongooses, wild boars, and spotted deer. ISLAND SKY (B,L,D)

Galle
THURSDAY, MARCH 30
Delve into Galle’s colonial past at the Galle Fort, built by the Portuguese in 1588 and extensively fortified by the Dutch in the 17th century. A UNESCO World Heritage site, the fort resembles a walled town complete with a rectangular grid of streets, Dutch colonial-style houses adorned with gables and verandas, historic churches and mosques, and commercial and government buildings. ISLAND SKY (B,L,D)

Colombo
FRIDAY, MARCH 31
Dock in Colombo, Sri Lanka’s largest city and commercial capital. Choose to explore the city’s colonial byways and visit the Gangaramaya Temple or take a full-day trip to Kandy, the last capital of the ancient kings of Sri Lanka. Kandy has UNESCO World Heritage designation as the site of the Temple of the Tooth, where one of Buddhism’s most sacred relics is housed. En route to the temple, which is part of the royal palace complex, visit the Pinnawala Elephant Orphanage, where the largest herd of captive Asian elephants in the world is nurtured and protected. ISLAND SKY (B,L,D)

Trivandrum, India
SATURDAY, APRIL 1
Built on seven hills, Trivandrum is a city of pagoda-shaped buildings, red-tile roofs, and narrow winding lanes. View the exterior of Padmanabha Swami Temple, an intricate fusion of indigenous Kerala and Dravidian styles and the richest Hindu temple in the world. Visit the Kuthira Malika palace, constructed of teakwood, rosewood, marble, and granite and renowned for the 122 horses carved into the wooden wall brackets supporting the southern roof. Also explore the Napier Museum, which houses a rare collection of archaeological and historic artifacts, bronze idols, ancient ornaments, ivory carvings, and a temple chariot. ISLAND SKY (B,L,D)

Kochi
SUNDAY, APRIL 2
Kochi was an important spice trading center on the west coast of India as early as the 14th century, and the main seat of Portuguese India until 1530. It is still an active port, as well as a significant center for technology and industry. Visit the Portuguese/Dutch Mattancherry Palace, which has a series of remarkable murals painted on its wooden
walls. Cruise through the “backwaters,” a network of canals, lakes, and lagoons, on a traditional houseboat for a peek at traditional, rural lifestyles. In the evening enjoy a spellbinding Kathakali dance performance on board. **ISLAND SKY (B,L,D)**

**Kochi**  
**MONDAY, APRIL 3**  
The graceful, cantilevered Chinese fishing nets along the shoreline of Kochi are the legacy of a centuries-old fishing custom now more dependent on tourism than fish. Visit St. Francis Church, the oldest European church in India and the original resting place of Portuguese explorer Vasco da Gama, and then explore the State Archaeological Museum, housed in the convent potion of the church of St. Francis of Assisi. Its collections of portraits, wooden sculptures, architectural fragments, and ephemera highlight the Portuguese period in **Goa. ISLAND SKY (B,L,D)**

**Mangalore**  
**TUESDAY, APRIL 4**  
At renowned Soans Farm, learn about its innovative agricultural techniques and taste some of the pineapples and other produce grown here. Continue to Moodabidri to see the 15th-century thousand-pillared Jain temple, and in Karkala marvel at the monolithic statue of Bhagawan Bahubali, a much-revered figure by adherents of the Jain religion. **ISLAND SKY (B,L,D)**

**Goa**  
**WEDNESDAY, APRIL 5**  
Goa was the capital of Portugal’s eastern empire for 400 years, and then enjoyed Portuguese overseas province status until 1974. In Old Goa, where Catholic priests rather than Portuguese conquistadors ruled the day, a complex of churches, monasteries, and convents were built to emulate European Renaissance styles. Visit the Basilica of Bom Jesus, a UNESCO World Heritage site, which contains the silver casket of St. Francis Xavier, and then explore **Mumbai**  
**THURSDAY–FRIDAY, APRIL 6–7**  
Disembar in Mumbai and travel past the Gateway of India and along the famous Marine Drive. Catch glimpses of two very efficient and uniquely Indian systems: the dabbah wallahs delivering lunches to offices throughout the city, and the dhobi wallahs (laundrymen) at their outdoor laundry. Visit Mani Bhavan, Gandhi’s headquarters for 17 years and now a museum dedicated to his memory, and the contemporary Prince of Wales Museum, Mumbai’s finest Victorian building, crowned with Moorish domes. This afternoon, relax in day rooms at the Orchid Mumbai Hotel before transferring to the airport for flights home, arriving on April 7. **(B,L)**

**Optional Extensions**

**Madurai**  
**MARCH 22–25, 2017**  
Explore the geographical and religious center of Madurai, a massive Hindu temple complex dedicated to Meenakshi (above), the “fish-eyed goddess.” Its fourteen elongated pyramidal towers swarm with thousands of garishly colored figures of gods, demons, and animals, while inside priests perform rituals at multiple shrines, and worshipers seeking favors from the gods pay their respects. Also visit the Thirumalai Nayak Palace; erected in 1636 by King Thirumalai Nayak, it is a classic fusion of Dravidian and Rajput styles. **(2B,2L,1D)**

**RATES:** $1,795 PER PERSON, DOUBLE OCCUPANCY; $2,285 PER PERSON, SINGLE OCCUPANCY. **AIRFARE FOR INTERNAL FLIGHTS:** APPROXIMATELY $250 PER PERSON, SUBJECT TO CHANGE.

**Aurangabad**  
**APRIL 6–10, 2017**  
Aurangabad is best known as the gateway to the rock-hewn caves of Ajanta and Ellora, both UNESCO World Heritage sites. Carved from volcanic lava cliffs by Buddhist monks, the Ajanta caves are adorned with sculptures and frescoes dating back to the 2nd century B.C. The Ellora caves (above) comprise an impressive complex of shrines representing the three faiths of Hinduism, Buddhism, and Jainism. Cut into a hillside, the caves date from approximately A.D. 600 to A.D. 1000. **(B,3L,3D)**

**RATES:** $2,490 PER PERSON, DOUBLE OCCUPANCY; $3,180 PER PERSON, SINGLE OCCUPANCY. **AIRFARE FOR INTERNAL FLIGHTS:** APPROXIMATELY $250 PER PERSON, SUBJECT TO CHANGE.
Island Sky

Originally built in 1992 and refurbished and redecorated in 2013, the Island Sky accommodates all guests in 57 outside suites, each with sea views, a sitting room area, flat-screen TV, safe, mini-refrigerator, and an en suite, marble-appointed bathroom with robe, slippers, and hair dryer. Several suites have private balconies. Spacious and finely decorated public areas include a large lounge and elegant bar and a library. The dining room accommodates everyone at one seating, and house wine, beer, and soft drinks are included at lunch and dinner. Wi-Fi access is available throughout the vessel (at additional cost and dependent upon satellite reception). The ship amenities also include a hairdresser, onboard clinic and doctor, elevator serving all passenger decks, and two sun decks, one with a bar. The Island Sky is served by 75 experienced officers and crew.

Program Rates

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<thead>
<tr>
<th>Category &amp; Deck</th>
<th>Double</th>
<th>Single</th>
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<tbody>
<tr>
<td>A MAGELLAN</td>
<td>$11,995</td>
<td>$17,995</td>
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<tr>
<td>226 sq. ft., portholes (3 in cabin 250, 2 in cabin 252)</td>
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<tr>
<td>B MAGELLAN</td>
<td>$12,995</td>
<td>$19,495</td>
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<tr>
<td>230 sq. ft., portholes (2, 3, or 4, depending on cabin)</td>
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<tr>
<td>C COLUMBUS</td>
<td>$14,495</td>
<td>$21,745</td>
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<tr>
<td>217–264 sq. ft., windows (1 or 2 depending on cabin)</td>
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<td>D MARCO POLO</td>
<td>$14,995</td>
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<tr>
<td>225 sq. ft., window</td>
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<tr>
<td>E MARCO POLO</td>
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<tr>
<td>242 sq. ft., forward and side windows</td>
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<td>F ERIKSON</td>
<td>$17,995</td>
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<tr>
<td>225 sq. ft., sliding glass door, private balcony</td>
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<td></td>
</tr>
<tr>
<td>G EXPLORER</td>
<td>$18,995</td>
<td>—</td>
</tr>
<tr>
<td>237 sq. ft., sliding glass door, private balcony</td>
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Program Rates Include

A full program of briefings, lectures, and presentations by study leaders and local guides • All accommodations and meals as specified in the itinerary • All excursions, including entrance fees, as specified in the itinerary • Transfers on group arrival and departure days • Baggage handling • Gratuities to porters, guides, drivers, and ship’s crew for all group activities • Port fees and embarkation taxes • Wine, beer, and soft drinks with all lunches and dinners on board Island Sky • Soft drinks and Indian beer with all group meals off the ship • Welcome and farewell wine receptions • Bottled water on excursions • Complete packet of pre-departure information • Professional tour manager throughout

Air Arrangements

U.S. domestic and international airfare is not included in the program cost. Round-trip, economy-class airfare from New York to Chennai, India, with return from Mumbai, is approximately $1,500 per person as of March 2016 and is subject to change without notice. Information about making flight arrangements will be sent to all participants.

A Note about Costs

Tour costs are based upon current fuel prices, taxes, tariffs, and a minimum number of participants. While we will do everything possible to maintain the listed prices, they are subject to change. If there are significant changes, details and costs will be advised prior to departure.
**General Information**

**What to Expect** These tropical climes are humid, with daytime highs ranging from the mid 80s to the mid 90s F, and a slight chance of rain in Sri Lanka. The pace of this program is moderately active, with some early-morning departures and long motorcoach drives (two hours+), and walking up to two miles at one or two sites, on occasion over uneven terrain, while exploring ashore. Participants must be in good health and able to keep up with the group without assistance from tour staff.

**Program Rates Do Not Include** U.S. domestic and international airfare • Passport and visa fees • Medical expenses and immunizations • Trip cancellation/interruption and baggage insurance • Optional excursions or deviations from the scheduled tour • Excess-baggage charges • Meals not specified in the itinerary; dishes and beverages not part of the included meals • Alcohol or soft drinks except where indicated as included • Transfers not on main program or extension arrival and departure days • Personal items such as room service; email, telephone, and fax charges; and other items of a personal nature

**Group Size** This program is limited to 96 participants, including travelers from MIT, Dartmouth, Harvard, and Stanford.

**Travel Insurance** Travel insurance for trip cancellation and interruption, medical problems, baggage loss and delay, etc., is highly recommended. Trip cancellation policies that apply to this expedition are included in this brochure. Participants are free to purchase the travel insurance of their choice. Please be sure to carry the details of your travel insurance coverage with you on the program.

**Terms & Conditions**

Complete Terms and Conditions including Statement of Responsibility will be made available to you at time of registration, or in advance upon request. A signed release is required from each applicant prior to participation on the tour.

**RESERVATIONS AND DEPOSITS** To reserve space, please complete the reservation form and mail it with your deposit of $1,000 per person, payable to Criterion Travel, to: 145 Forest Avenue Palo Alto, CA 94301. For more information or to reserve by phone, please call (888) 328-2089 or (650) 328-2089, or email res@criteriontravel.com.

**Contact Information**

**Name #1 (as it appears on passport)**

**Name #2 (as it appears on passport)**

**Address**

**City/State/Zip**

**Home Phone**

**Business Phone**

**Fax**

**E-Mail**

**Payment**

☐ Enclosed is my check for $____________ (1,000 per person, payable to Criterion Travel), to hold ________ place(s) on *South to Serendib*, OR

☐ Charge my deposit to:

  • MasterCard  • VISA  • AmEx  • Discover

**Payment Information**

**Name on Credit Card**

**Credit Card Number**

**Cardholder Signature**

**Expiration Date**

**Security Code**

**Single Travelers**

☐ I prefer to have single accommodations.

☐ I will share accommodations with _______________.

☐ I am willing to share with another participant (not guaranteed). I am a _____Non-smoker  _____Smoker.

I understand that if a roommate cannot be found by the final payment deadline of November 24, 2016, I will pay the single rate.

**Accommodations**

Cabin category preference: 1st __________ 2nd __________

Bed preference in hotel (not guaranteed):

  • King/Queen  • OTwins

I/We have read the Terms & Conditions section of this brochure and understand and agree with them as stated herein.

**Signature**

**Date**

**Signature**

**Date**
South to Serendib

SOUTHERN INDIA AND SRI LANKA

March 24–April 7, 2017

HIGHLIGHTS

ENJOY 11 nights aboard the privately chartered Island Sky, traditional in style but contemporary in operation, with the highest safety standards and all-weather cruising ability, spacious suites, and topnotch service.

VISIT five UNESCO World Heritage sites: The rock-cut temples of Mamallapuram; the Basilica of Bom Jesus; the ruins of Polonnaruwa; Kandy’s Temple of the Tooth; and the Old Town of Galle.

EXPLORE Sri Lanka’s Bundala National Park, a UNESCO Biosphere Reserve.

NAVIGATE aboard a traditional houseboat through the backwaters of Kerala, a vast network of canals, lakes, and lagoons.

WITNESS a spellbinding performance of Kathakali, a classical Indian dance-drama Noted for elaborate costumes, refined gestures, and raga-based music.