READING GUIDE

DYNASTIES OF CHINA AND TIBET

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to reading.longitudebooks.com/D928305.

ESSENTIAL

Item EXCHN683. Buy these 6 items as a set for $101 including shipping. 15% off the retail price. With free shipping on anything else you order.

Alexandra David-Neel
My Journey to Lhasa
Dressed as a humble pilgrim and traveling under the cover of night, the indomitable 55-year-old David-Neel and her young companion climbed mountains and tricked soldiers in order to ultimately reach Tibet's forbidden capital. Originally published in 1923, this account stands as a riveting portrait of early 20th-century Tibet. (Item TBT26)

John Bryan Starr
Understanding China
2010, PAPER, 400 PAGES, $17.95
A succinct and refreshingly forthright bestselling guide, this third edition discusses the issues at stake in China's present and future. (Item CHN196)

Simon Winchester
The River at the Center of the World
2004, PAPER, 410 PAGES, $19.00
With ease and grace, Winchester writes about the character of the Yangtze and the people and places along its banks. An absorbing portrait of the great river that flows through the heart of China. (Item CHN31)

Jung Chang
Wild Swans, Three Daughters of China
2003, PAPER, 524 PAGES, $18.00
In this riveting tale of three generations spanning the end of Old China, Mao's regime and the Japanese occupation, Chang chronicles the enormous changes in China since 1929. (Item CHN04)

Lonely Planet
Lonely Planet Discover China
2015, PAPER, 416 PAGES, $27.99
Focusing on must-see and memorable places and experiences, this all-color guide by the discerning editors at Lonely Planet features hundreds of color photographs and maps, suggested tours and itineraries along with not-to-be-missed places to stay, eat, shop and see. (Item CHN674)

National Geographic
China Adventure Map
2011, MAP, PAGES, $11.95
A double-sided, full-color map of China, at a useful scale of 1:4,375,000, which shows roads and cities. Printed on tear- and water-resistant paper. (Item CHN06)

ALSO RECOMMENDED

Richard Perry Hayman
Yangzi River Map
2003, MAP, PAGES, $14.95
Double-sided, this full-color map guide features photos and ten maps showing the Yangzi from the Himalayas to the East China Sea. (Item CHN177)

John Avedon
In Exile from the Land of Snows, The Dalai Lama and Tibet Since the Chinese Occupation
2015, PAPER, 391 PAGES, $18.95
Avedon's masterful, passionate cri de coeur, still the best book on the subject, shows the lives of the Tibetan people at home and in exile since the Chinese takeover in 1950 through the eyes of its leaders, monks and regular people. Originally published in 1984 and now re-released with a new foreword and updated chronology. (Item TBT04)
Deirdre Chetham
Before the Deluge
2004, PAPER, 306 PAGES, $28.00
A vivid portrait of the Three Gorges region of the Upper Yangtze River, by the director of the Asia Center at Harvard. Chetham offers a personal, detailed glimpse into the spectacular natural beauty of the river, its checkered history and the lives of the people who live on its banks. (Item CHN132)

Charlie Carroll
Peaks on the Horizon
2015, PAPER, 368 PAGES, $16.95
Two men recount their personal relationships with the volatile and awe-inspiring country of Tibet: an English teacher who, acting on a lifelong obsession, explores the region during sabbatical and a Tibetan exile stranded at the border as he strives to reunite with the love of his life. (Item TBT168)

John Hersey
A Single Pebble
1989, PAPER, 181 PAGES, $15.00
A haunting novel by the Pulitzer Prize-winner. Hersey writes, with deceptive simplicity, of an American engineer looking for a dam site on the Yangtze. Think Hemingway on the Yangtze. (Item CHN03)

Kirk Denton (Editor)
China, A Traveler’s Literary Companion
2008, PAPER, 231 PAGES, $14.95
An introduction both to China’s finest modern writers and its diverse cultures, concerns and landscapes, organized geographically. (Item CHN520)

Julia Lovell
The Great Wall, China Against the World, 1000 BC - 2000 AD
2007, PAPER, 412 PAGES, $15.00
The Who, Why and Wherefore of the Great Wall, this marvelous history demolishes myths (no, the wall is not a continuous structure of great antiquity, as much of it was built in the 1600s) with fresh insight and wit. (Item CHN308)

John Man
The Terra Cotta Army, China’s First Emperor and the Birth of a Nation
2008, PAPER, 304 PAGES, $19.99
Man recounts the 1974 discovery of the 8,000 terra cotta soldiers and uses the legend, lore and facts associated with Emperor Qin’s Tomb to speculate about the mysterious emperor himself. (Item CHN518)

Corinne Debaine-Francfort
The Search for Ancient China
1999, PAPER, 160 PAGES, $15.95
With information on everything from jewelry to emperors’ tombs and terracotta warriors, the Great Wall and the dazzling 400-year history of the Han Empire, this shirt-pocket survey of discovery features 150 illustrations. (Item CHN69)

William Lindsay
The Terracotta Army of the First Emperor of China
2008, PAPER, 32 PAGES, $12.95
A beautiful introduction to the extraordinary tomb of Qin Shi Huangdi, First Emperor of China, this concise visual overview features richly colored illustrations and photographs accompanied by detailed captions. (Item CHN126)