READING GUIDE

BELIZE TO TIKAL: REEFS, RIVERS & RUINS OF THE MAYA WORLD

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to reading.longitudebooks.com/D928205.

ESSENTIAL

Item EXCAM222. Buy these 5 items as a set for $73 including shipping, 15% off the retail price. With free shipping on anything else you order.

Ronald Wright
Time Among the Maya, Travels in Belize, Guatemala, and Mexico
2000, PAPER, 464 PAGES, $16.00
Wright combines journalism, archaeology and an ear for dialogue in this engaging account of travels among the contemporary Maya. (Item CAM84)

Adrian Forsyth, Ken Miyata
Tropical Nature
1984, PAPER, 248 PAGES, $16.00
Two uncommonly observant and thoughtful field biologists offer a lucid portrait of the tropics through 17 marvelous essays that introduce the habitats, ecology, plants and animals of the Central and South American rainforests. (Item GPS13)

Rainforest Publications
Belize Marine Life
2015, PLASTIC CARD, PAGES, $7.95
This handy guide to the ocean life around Belize is a 14-panel, full-color reference. Includes illustrations for reef fish, marine mammals, sport fish, and sea turtles. (Item BLZ28)

Insight Guides
Insight Guide Guatemala, Belize and the Yucatan
2012, PAPER, 380 PAGES, $24.99
This handsome guide gives a profusely illustrated overview of Guatemala, Belize and the Yucatan Peninsula, featuring concise essays by well-regarded authors on natural history, politics and culture. (Item CAM113)

ITMB
Central America Map
2012, MAP, PAGES, $12.95
A detailed map of the Central American isthmus at a scale of 1:1,100,000. (Item CAM20)

ALSO RECOMMENDED

Mary Ellen Miller
Maya Art and Architecture
2014, PAPER, 256 PAGES, $20.95
An illustrated overview of the art and architecture of the Maya, making use of the latest discoveries at Tikal, Copan and Palenque to demonstrate the range of Mayan artistic influence. Revised and updated, this new edition includes color illustrations throughout. (Item MYA20)

Fabio Bourbon
The Lost Cities of the Mayas
2014, PAPER, 208 PAGES, $45.00
The discoveries of British artist Frederick Catherwood and his American companion John Lloyd Stephens, the first Westerners to see the Maya cities of the Yucatan, are chronicled in this illustrated, oversized volume, featuring 200 color engravings of the monuments of Central America, Chiapas and the Yucatan. (Item MYA55)

Stephen Houston, Michael Coe
The Maya
2015, PAPER, 320 PAGES, $26.95
Coe’s clear, concise, illustrated survey of the Maya highlights their chronology, accomplishments and legacy. Ninth edition. (Item MYA10)
Stephen Connely Benz

Guatemalan Journey
1996, PAPER, 212 PAGES, $25.00
Opening with a long chapter on life in Guatemala City, Benz’s memoir moves on to the remote highlands and other little-visited regions. An excellent account of Guatemala’s political history, traditions, and indigenous cultures. (Item GML03)

Joan Fry

How to Cook a Tapir
2012, PAPER, 296 PAGES, $16.95
The coming-of-age memoir by Joan Fry, a young newlywed, who moves with her anthropologist husband to the jungles of Belize. Her introspective account is interwoven with stories, portraits of locals and traditional recipes. (Item BLZ22)

Bruce Barcott

The Last Flight of the Scarlet Macaw, One Woman’s Fight to Save the World’s Most Beautiful Bird
2009, PAPER, 336 PAGES, $17.00
The gripping tale of Sharon Matola’s six-year campaign to stop a dam that would flood the forest home of Belize’s last scarlet macaws. (Item BLZ20)

Lydia Millet

Ghost Lights
2012, PAPER, 256 PAGES, $15.95
In Millet’s anticipated follow-up to How the Dead Dream, a mild-mannered IRS bureaucrat follows a runaway millionaire into the surreal tropical jungle. The prose has a lovely stillness and has been hailed as a haunting, mesmerizing novel of ideas. (Item BLZ24)

Dennis Tedlock (Editor)

Popol Vuh, The Mayan Book of the Dawn of Life
1996, PAPER, 327 PAGES, $16.99
The definitive, unabridged collection of creation myths and stories of the Quiche people, fundamental to understanding the worldview of the highland Maya. (Item MYA14)

Rainforest Publications

Belize Birds
2011, PLASTIC CARD, PAGES, $7.95
This handy field guide to the feathered friends of Belize is a 14-panel, full-color reference. The illustrations were created by British naturalists Robert Dean and Mark Wainright. (Item BLZ27)

Les Beletsky

Belize, Travellers’ Wildlife Guides
2006, PAPER, 440 PAGES, $29.95
An all-around field guide featuring color illustrations of 200 birds, 50 mammals, 150 coral reef creatures and 80 reptiles and amphibians. (Item BLZ04)

Stephen Schlesinger, Stephen Kinzer

Bitter Fruit, The Story of the American Coup in Guatemala
2005, PAPER, 331 PAGES, $22.95
A foreign policy classic first published in 1982, brilliantly written and devastating in its implications. Schlesinger and Kinzer provide a dramatic account of the CIA-backed overthrow of Guatemala’s democratically elected government of Jacobo Arbenz in 1954. (Item CAM82)

Greg Grandin (Editor)

The Guatemala Reader
2011, PAPER, 648 PAGES, $29.95
A lively, literate sourcebook on the politics, economy and society of Guatemala, aimed at students, travelers and scholars. (Item GML18)

et al., David Stuart

The Maya, Voices in Stone
2016, HARD COVER, 516 PAGES, $90.00
Produced by a multi-national panel of scholars, this groundbreaking sourcebook is a comprehensive appraisal of Mayan culture (classical period through colonialism). The fresh, scholarly work is filled with over 300 maps, images and infographics. (Item MYA96)