NORWAY
A Family Adventure in Summer

June 27–July 4, 2016
with Dartmouth Study Leader Erich Osterberg

Dartmouth Alumni Travel
Dear Alumni, Parents and Friends of Dartmouth,

Think planning a vacation to satisfy every member of your family is impossible? Think again, and consider Norway with Dartmouth.

Explore the natural wonders, quaint beauty, and magical lands of Norway. On this adventure, your family will have the chance to float along the iconic Geiranger fjord- on an inflatable boat- between the spectacular cliffs before hiking the beautiful mountainside.

Ride on the famous Flam and Bergen Railways to get an incredible view of the magnificent, pristine, and unique natural landscapes of Norway. You’ll also examine Stave style architecture, stay in the famous chalet style Hotel Kviknes in Balestrand, learn how to bake a traditional Norwegian cake, and hear about the history of Norwegian exploration from the Vikings to Kontiki.

This trip is a good way for family members of ALL ages to explore the Norwegian countryside and learn about the long and ancient history that has helped craft the culture of Norway today without sacrificing comfort.

Space is limited to 25 participants. Be sure to register early to secure your family’s spot on this unforgettable journey.

Sincerely,

Robin K. Albing, T’81  
Director, Alumni Lifelong Learning and Travel

Mary Ann R. Hunt, A’14  
Assistant Director, Alumni Lifelong Learning and Travel

Your STUDY LEADER

Dr. Erich C. Osterberg is Associate Professor of Earth Sciences at Dartmouth College. His overarching research objective is to understand how and why Earth’s environment changed in the past, and is changing today, so we can more accurately predict how it will change in the future. His specialty is creating records of past climate change and air pollution by analyzing chemical markers preserved in glacier ice cores. He is particularly interested in how glaciers responded to warm periods in the past, as this provides an example of how glaciers and sea level may respond to future global warming.

For more information on this and other Dartmouth trips, visit http://alumni.dartmouth.edu/travel/ or call (603) 646-9159
Sunday & Monday, June 26-27: En route from U.S./ Arrive Oslo
Velkommen! After landing in Oslo, transfer to your hotel. Visit the Kon Tiki Museum, Akershus Fortress and the Vigeland Sculpture Park.

Tuesday, June 28: Oslo/Otta/Geiranger
Embark on a four-hour train ride from Oslo to Otta. In Otta, raft down the Swiss Chesse and Zambezi river rapids. Take a two-hour ride, by coach, to Geiranger for a welcome reception. (B, D)

Wednesday, June 29: Geiranger
Visit the Geiranger Fjord Center and cruise along the waters of the fjord. Afterwards, hike to an abandoned mountain farm, Skageflå. For the evening, enjoy optional spa treatments and stop at Herdalssetra Farm. (B, D)

Thursday, June 30: Geiranger to Balestrand
Ride to Briksdal Glaciers and get within a few thousand feet of this massive glacial arm. Later, take a four-hour ride along the Sognefjord. Conclude at the famous Kviknes Hotel in Balestrand with a tour and overnight. (B, L, D)

Friday, July 1: Balestrand
Walk Balestrand, seeing Viking burial grounds and St. Olaf’s Church. Peek inside the Cider House, learn to bake a Helekake, and try an array of ciders and juices. Enjoy an afternoon at leisure in Balestrand. (B, D)

Saturday, July 2: Balestrand to Bergen
Embark on one of the best train rides in the world and visit Hopperstad Stave Church outside of Balestrand. (B)

Sunday, July 3: Bergen
Take a walking tour of Bergen, visiting Bryggen’s Wharf, the Hanseatic Museum, restaurants, artist studios, craft shops, and boutiques, Continue exploring Bergen on your own for the afternoon. Have a farewell dinner for your last night in Norway. (B, D)

Monday, July 4: Depart Bergen/Arrive Home (B)

Our Exclusive ITINERARY

What’s Included
- Accommodations based on double and triple occupancy
- Services of a bilingual local guide in each location and a Tour Manager
- All excursions and entrance fees indicated in the itinerary
- Meals: 7 breakfasts, 1 lunch, 5 dinners, and bottled water in vehicles
- Beer, wine, juice, and soda at the welcome and farewell dinners
- Groups of 16 or more will be accompanied by a Rafiki, the fun person on the trip who provides educational and recreational activities for children and teens
- Gratuities for local guides, drivers, porters and wait staff
I/we would like more information on booking flights to/from Norway through Thomson Family Adventures' preferred Travel Agency.

Preferred departure airport: ________________________

Norway: A Family Adventure
June 27 – July 4, 2016

Please reserve ______ space(s) on the trip. Enclosed is my deposit of ____________ ($1,000/person).

#1 First and last name                  DOB          Gender          Class Year
#2 First and last name                  DOB          Gender          Class Year
#3 First and last name                  DOB          Gender          Class Year
#4 First and last name                  DOB          Gender          Class Year

Mailing Address                  City          State          Zip

Phone (H)                      Phone (W)

Accept my check made payable to Thomson Family Adventures OR
Charge my:  ☐ Visa    ☐ MasterCard    ☐ American Express

Card #                   3 digit security code/4 digit for AMEX           Exp Date

Signature as it appears on card

☐ Double room, rooming with ________________

☐ Single room ($1,000 supplement)

Airfare is not included in the trip price.

☐ I/we would like more information on booking flights to/from Norway through Thomson Family Adventures’ preferred Travel Agency.

Preferred departure airport: ________________

☐ I will make my own flight arrangements to/from Norway.

Return to: Thomson Family Adventures, 14 Mount Auburn Street, Watertown, MA 02472
email at info@familyadventures.com or call 800-262-6255

Accommodations

Hotel Thon Opera (or similar)
Located in the heart of Oslo, the hotel is within walking distance to the main sites, restaurants, shops, museums, and city parks. Hotel Thon Opera has quaint and clean rooms, a fitness center, a same day laundry service, free internet and Wi-Fi, a restaurant, and a bar.

Hotel Union (or similar)
With incredible views of the fjord, Hotel Union has all of the amenities expected for a comfortable stay, including room service, free internet and Wi-Fi, a laundry service, activities for kids, a pool, a fitness center, and on-site bars and restaurants.

Hotel Kviknes (or similar)
Take a step back in time; the Kvikne family began operating the hotel in 1877 and continues to today. The old world charm and hospitality has not been lost over the years, and the hotel has been updated to include Wi-Fi, a fitness center, laundry and dry cleaning service.

Radisson Blu Royal Bergen (or similar)
A short walk from all of the major sites, including the historic shops, the wharf, and everything else that the Bryggen district has to offer, this hotel is fully equipped with a fitness center, laundry service, a lounge area, free internet and Wi-Fi, and a tennis court.
Complete Itinerary

Sunday, June 26: Depart From North America

Monday, June 27: Arrive into Oslo
Velkommen to Norway! After landing in Oslo, the capital city of Norway, make your way through customs and to your private transfer to your hotel. After getting settled, start the adventure off with a visit to the Kon Tiki Museum to learn about the thrilling expedition of Thor Heyerdahl who crossed the Pacific Ocean on a raft built with materials from Pre-Columbian times. The original raft is on display in the museum and there is an exhibit where kids can learn how an archaeologist works. Continue on to explore the historic and royal Akershus Fortress in the center of the city and the Vigeland Sculpture Park. This is the largest sculpture park in the world created by a single artist. The works of Gustav Vigeland are unique and sophisticated. Take this evening to explore restaurants in Norway on your own or experience an Ice Bar, a bar where everything from the tables to the glasses is made of ice!
Accommodations: Hotel Thon Opera

Tuesday, June 28: Oslo/Otta/Geiranger
Your first full day in Norway is packed with adventure! Embark on a four-hour train ride from Oslo to the small town of Otta. This will be the perfect time to relax and take in the amazing views of the Norwegian countryside for the first time. Once in Otta get ready to suit up for a thrilling three-hour adventure down the Swiss Chesse and Zambezi river rapids. Take a two-hour ride, by coach, to Geiranger for a welcome reception where you and your fellow guests will get to know each other over a delicious meal.
Accommodations: Hotel Union (B, D)

Wednesday, June 29: Geiranger
Start the day with a visit to the Geiranger Fjord Center to learn about the famous scenery and history of the area. Immerse yourself in the UNESCO-protected environment; take in the deep blue of the fjord, the magical waterfalls, the lush floral, and the snow-capped mountain tops. Geiranger was named the best town to visit in Scandinavia by Lonely Planet and you'll get to know the area well on a walk along the waterfall path down to a RIB boat for a cruise along the waters of the fjord. After the boat ride, you will have the option to hike to an abandoned mountain farm, Skageflå. Before returning to your hotel for the evening and optional spa treatments, stop at Herdalsetra Farm to learn how to make goat milk caramel.
Accommodations: Hotel Union (B, D)

Thursday, June 30: Geiranger to Balestrand
The Dalsnibba Mountain Plateau offers gorgeous views of the Geirangerfjord and driving along the winding road to the top is an adventure in itself! The same goes for the ride to the Briksdal Glaciers—set between rushing waterfalls and picturesque mountain peaks; they are a site to see. Ride through the valley to the glacier itself and get within a few thousand feet of this massive glacial arm. End the day’s adventures with a four-hour ride along the Sognefjord, the longest and deepest ice free fjord in the world. This is a spectacular drive that concludes at the famous Kviknes Hotel in Balestrand where you'll be given a tour of the grounds by a member of the Kvikne family and then shown to your room to settle for the night.
Accommodations: Hotel Kviknes (B, L, D)
Friday, July 1: Balestrand
Venture out on a historical and cultural walking tour of Balestrand seeing Viking burial grounds and the famous wooden stave church, St. Olaf’s. This afternoon take an exciting peek inside the inner workings of the Cider House. Learn how to bake a Helekake, a favorite local cake, and try an array of still and sparkling ciders and juices. After having lunch on your own at the Cider House, enjoy a leisure afternoon with your family exploring the quaint and picturesque town of Balestrand.
 Accommodations: Hotel Kviknes (B, D)

Saturday, July 2: Balestrand to Bergen
Today have a special adventure along the Bergen and Flåm Railways. Before embarking on one of the best train rides in the world, visit Hopperstad Stave Church outside of Balestrand on the way to Flåm. After arriving in Flåm board the train where every turn or stop along these tracks that could make the perfect snapshot for a postcard. The ride takes you from Europe’s highest mountain plateau, down a fjord, pass waterfalls, and through quaint and charming villages that will leave you with an unforgettable journey. This rail line has been acknowledged by National Geographic for being one of the best train journeys in the world. Take this line to the Hanseatic Town of Bergen where you will stay for the next two nights.
 Accommodations: Radisson Blu Royal Bergen (B)

Sunday, July 3: Bergen
Begin the day with a walking tour of Bergen. Visit all of the best spots in town from Bryggen’s Wharf to the Hanseatic Museum. Explore the restaurants, artist studios, craft shops, and boutiques to get a sense of Bergen’s rich culture and storied past at the Wharf before choosing a restaurant for lunch. There will be a number of local and fresh seafood places to choose from! Continue exploring the rest of Bergen on your own for the afternoon. Have a farewell dinner for your last night in Norway where you can talk with your fellow travelers and new friends about the best parts of your trip.
 Accommodations: Radisson Blu Royal Bergen (B, D)

Monday, July 4: Depart Bergen
Transfer to the airport for your international flight home where friends and family will be waiting to hear all about your exciting adventure! (B)

Tuesday, July 5: Return to North America

Please note: Thomson Family Adventures (TFA) will attempt to adhere to this itinerary as much as possible. Any foreseeable changes in fees, such as fuel surcharges, increased park fees or other fees that are out of TFA control will be the responsibility of the guest. Some conditions (political, climatic, environmental, cultural, or wildlife migrations) may also necessitate changes in the itinerary. TFA reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participant.
Why Norway?
Norway is a magical place that offers breathtaking views, natural wonders, and cultural beauty at every turn. This Scandinavian nation has everything that a family would want in a vacation; historical cities like Oslo and Bergen and wild landscapes in the Geiranger Fjord and along the Flam railway. Norway has a fascinating and diverse history from the seafaring Vikings and indigenous Sami people that allow for tremendous educational opportunities. Even more impressive than its history may be the natural features of the countryside. Norway is home to thousands of lakes, steep mountains, rushing waterfalls, and calm fjords that all intersect to create one of the most beautiful and unique landscapes in the world. Norway has also been an inspiration for international pop culture phenomena and pioneering exploration. The crisp air in the cities and mountainsides will inspire your family to explore all that the country has to offer.

What to Expect
There isn’t a particularly bad time to visit Norway and summer happens to be one of the seasons with the best weather, although it tends to be changeable along the fjords. With an average temperature of about 80 degrees F and virtually no humidity, the days are beautiful and comfortable. The sea temperature tends to be a bit cooler, around 65 degrees and higher, making swimming and water activities perfect for this time of year.

Activity Level
This adventure involves a lot of time outdoors, walking in cities, hiking in the countryside, boat rides, and full days of travel and excursions. While it’s not overly active, there is a level of physical capability necessary to enjoy every activity to the fullest. There are less active options for any family members that feel they cannot partake in any hikes. Norway is fully developed and the roads should make for smooth rides. There are two days with extensive travel via coach and train, and while a Rafiki be on board to keep the kids preoccupied, be prepared to be sitting for long stretches of time during these transfers.

Dartmouth Alumni Travel Booking Conditions

HOW TO BOOK:
To reserve your space, contact Thomson Family Adventures directly at (800-262-6255 or info@familyadventures.com or mail the enclosed reservation form. A non-refundable deposit of $1,000 per person payable by Visa, MasterCard, American Express, or check payable to Thomson Family Adventures, our operator for this program, secures your space. We cannot confirm reservations without a deposit.

INSURANCE:
It is highly recommended that you consider purchasing trip insurance which offers comprehensive coverage of expenses in conjunction with cancellation, illness or accident as well as damage or loss of luggage. Information will be promptly sent to you following registration and payment of deposit.

FINAL PAYMENT:
Final payment is due no later than 90 days prior to departure, or March 29, 2016, and is payable by check or wire transfer to Thomson Family Adventures. Final payment cannot be made by credit card.

CANCELLATIONS AND REFUNDS:
Notifications of cancellation must be received in writing to Thomson Family Adventures. At the time we receive your cancellation, refunds will be made according to the following per person cancellation penalties:

<table>
<thead>
<tr>
<th>Period of Notification</th>
<th>Refund Amount</th>
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<tbody>
<tr>
<td>Up to 91 days before departure</td>
<td>Deposit</td>
</tr>
<tr>
<td>90 to 61 days before departure</td>
<td>50% of the package price</td>
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<tr>
<td>60 to 46 days before departure</td>
<td>65% of the package price</td>
</tr>
<tr>
<td>45 days or less before departure</td>
<td>100% of the package price</td>
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TERMS AND CONDITIONS:
A detailed liability statement, concerning, among other things, limitations of Wineland-Thomson Adventures, Inc’s liability for loss of property, injury, illness or death, will be provided to passengers upon enrollment, along with an information form to sign and return to Thomson Family Adventures shortly after enrolling on the trip. Each of these forms is also available to prospective travelers upon request.

PROGRAM RATES (per person, dbl occupancy)

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<tr>
<th>Category</th>
<th>Rate</th>
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<tr>
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<tr>
<td>Teen (12-17)</td>
<td>$5,990</td>
</tr>
<tr>
<td>Children (4-11)</td>
<td>$5,890</td>
</tr>
<tr>
<td>Single Supplement</td>
<td>$1,000</td>
</tr>
<tr>
<td>Tpl Rm Discount*</td>
<td>$200</td>
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</table>

*child 11 and under sharing with two adults